

# **LABOR & DELIVERY** **Intensive Caring...**

*Essential Skills for Intrapartum Care*

**Cindy Parke, CNM, MSN helps you:**

**Maintain your In Patient OB Certification...  
Improve your L/D Assessment & Intervention Skills...**

## **Spring-Fall 2010**

**ATLANTA, GA - April 12-13**  
WellStar Health System  
2000 S. Park Place

**LAS VEGAS, NV - April 26-27**  
Tuscany Suites & Casino  
255 E Flamingo Road

**SAN FRANCISCO, CA - April 29-30**  
South San Francisco Conference Center  
255 South Airport Blvd.

**NEW YORK, NY - October 7-8**  
Sheraton LaGuardia East  
135-20 39th Ave. (Flushing, NY)

**PHILADELPHIA, PA - October 11-12**  
ACE Conference Center  
800 Ridge Pike

*CE Credits apply for your RNC  
In Patient OB and Maternal Newborn  
certification renewal...*

*...Lunch is included each day*

**Register Early - Space is Limited**

*Professional*  
**EDUCATION CENTER**

P.O. Box 7447  
Chico, California 95927-7447  
530-343-3504



# Cindy Parke

CNM, MSN

Certified Nurse Midwife, Educator, and Clinician; Cindy has taught essentials of women's health, pregnancy, and childbirth topics to nurses nationwide. An active member of the American College of Nurse-Midwives, Ohio Association of Advanced Practice Nurses, Sigma Theta Tau, Jacobs Institute of Women's Health and the International Cesarean Awareness Network, Cindy's focus is on comprehensive care throughout the labor & delivery process. Recognizing the risks, choosing appropriate interventions, responding to the critical clinical challenges - this program is one you will use daily in your OB practice. Clinically focused, patient centered, and result-oriented - this is one program you can't afford to miss!

**Join Cindy as she shares her extensive clinical expertise with the intense clinical knowledge you need for effective care throughout the labor process!**

## WHAT PEOPLE SAY...

**"EXCELLENT speaker - wonderful topics very well presented! Best program I have been at in years! Cindy is GREAT!"**

**"I LOVED this class! As the nurse manager of a large OB department I found this to be the most helpful class I've ever attended! My pen was 'on fire' with Cindy's insight and clinical suggestions - this was the best conference I've been to!"**  
*(Personal quote at the AWHONN national convention...)*

**"PRACTICAL knowledge and DEMONSTRATIONS... at last, I know what to look for, what to do and how to help!"**

**"Hands down, this is the BEST Labor & Delivery presentation I have ever attended! Combines just the right amount of high touch with the high tech units of today's L&D experience!"**

### CONTINUING EDUCATION CREDITS

Professional Education Center (PEC) is a provider approved by the California Board of Registered Nursing, Provider #9890, Iowa #290, and Kansas #LT0170-0261 for 15.5 (7.5day) Contact Hours. Professional Education Center is an approved provider of continuing nursing education by the Alabama State Nurses Association, an accredited approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. Alabama Provider #5-67 and Florida FBN #2219 for 13 Contact Hours (6.5 each day). Meets Texas Type I criteria. This program is designed to meet Board of Nursing CE requirements for license renewal in all 50 states.

CE Certificate is issued at program conclusion.

## WHO SHOULD ATTEND?

- Labor & Delivery Nurses
- Nurse Midwives
- LDRP & Mother/Baby Nurses
- Antepartum & Postpartum Nurses

**"Experience is the Best Teacher" and this course proves it! Join Cindy as she shares her 30+ years OB experience, working daily with patients, physicians and midwifery and nursing colleagues!**

This program will maximize your knowledge base and give you essential tools for the intensive and sometimes critical care situations you encounter each and every day in labor and delivery. From admission (antepartum clinic or office nurses) through delivery (nursery, postpartum nurses) Cindy gives you essentials for comprehensive clinical assessments, intervention & daily care!

## PROGRAM OBJECTIVES:

**Following comprehensive lecture, discussion, audiovisual presentation and case review, you will be able to:**

- Review labor physiology, pathophysiology and components of effective labor progress.
- Develop effective patient assessment, care and management techniques to evaluate and manage the labor process through post-partum.
- Assess and enhance labor progress with physiologic, evidenced based support and research based management techniques.
- Develop policies/strategies for labor induction and augmentation.
- Recognize and respond to abnormal labor patterns including dystocia.
- Review pain assessment and management in labor including pharmacologic support and non-pharmacologic care techniques.
- Identify adverse fetal response to labor, causation, clinical observations, interventions and intrauterine resuscitation.
- Recognize a variety of emergent labor situations including: hemorrhage, diabetes and hypertension management concerns and issues.
- Identify normal and abnormal parameters in second stage labor, explore research based physical and mechanical interventions.
- Describe risk factors for shoulder dystocia noting clinical interventions and techniques to improve outcomes, and decrease liability.
- Describe indicators of stage III-IV labor emergency situations.
- Recognize and respond to abnormal physiologic indicators and early warning signs of postpartum complications.

**It's EASY to bring this program to your staff!  
Call 800-732-2387 or Email [sherri@proedcenter.com](mailto:sherri@proedcenter.com)**

### GUARANTEE - CANCELLATION - TAXES

**GUARANTEE:** If you are not satisfied with the content and presentation of this program, notify the registrar by 12 noon 1st day of attendance for refund of registration fees. **CANCELLATIONS:** Up to 7 days before the program choose: Registration fee refund minus \$25 per day administrative fee or full value credit letter. **Cancellation within 7 days:** No monetary refund. Send a substitute or request a credit letter (minus \$25/day administrative fee) which will allow you to apply fees to a future program of your choice. If program cannot be held due to circumstances beyond our control (natural disaster, strike, etc.) the seminar will be rescheduled if possible. Registrants may choose free admission to the rescheduled program, credit voucher good for any future PEC program, or if unable to reschedule, tuition refund. PEC reserves the right to substitute qualified speaker(s) in response to emergency circumstances beyond our control. **CE tuition, travel/meal expenses are tax deductible.** Consult your tax advisor for details.

# LABOR & DELIVERY: Intensive Caring

Day One

## LATENT & STAGE I LABOR

7:30 Check In - Coffee/Tea/Decaffe

### 8:00 PRACTICING SAFELY & AVOIDING LITIGATION... TRIAGE & ONGOING EVALUATION IN LABOR

- Essential Assessment Skills • Expecting the "Unexpected"

### INDUCTION & AUGMENTATION

- Cervical Ripening - Methods and Rx
- Risks - Hazards - Failure to Progress

Dealing With the Drugs... • Cervidil - Cytotec • Pitocin

- Nursing Care Essentials • Determining Candidates

### LACK OF PROGRESS - TAKING INITIATIVE...

- Recognizing Dystocia & 'Lack of Progress'
- Friedman Curve vs Albers Curve • Clinical Intervention

### PAIN MANAGEMENT IN LABOR...

- Labor Support • Multidimensional Approaches
- Managing Epidurals: Timing - Precautions - Dosing
- Relieving Back Labor & Converting OP Positions

### ASSESSING FETAL HEALTH - Monitoring The Fetus:

- NICHD Terminology • Nonreassuring Fetal Status
- Identification • Intervention • Documentation
- Intrauterine Resuscitation

3:30 Adjourn

Day Two

## CRITICAL INCIDENTS & CONDITIONS

7:30 Check In - Coffee/Tea/Decaffe

### 8:00 GROUP BSTREP: Protocols & Procedures MANAGING & DOCUMENTING EMERGENCIES...

- Vaginal Bleeding Triage: Placenta Previa - Abruption
- Uterine Rupture • DIC • AFE

### MATERNAL RISKS = FETAL HAZARDS

- Hypertension - Pre-eclampsia - Eclampsia
- Diabetes: Managing Labor: Maternal/Fetal Response
- Preterm Labor: Evaluation - Tocolytics - Steroids

### STAGE II LABOR - Fetal Response/Reaction

- Pushing for Fetal Well-being • Laboring Down

### SHOULDER DYSTOCIA - Labor Clues

- Recognition, Management & Responsibilities
- Fundal Pressure & Your Day in Court...

### VACUUM EXTRACTION: Do's & Don'ts

- Protocols • Nursing Responsibilities • Double Set-Up...

### STAGE III-IV LABOR & POSTPARTUM EMERGENCIES

- Retained Placenta - Accreta/Increta/Percreta
- Uterine Inversion - Why it Happens - What to Do...
- Assessing Maternal Status: Recognizing & Responding

3:30 Adjourn

**PROGRAM SCHEDULE: 8:00 am-3:30 pm Each Day**  
*Complete Syllabus, Morning Coffee/Tea/Decaffe - Lunch 11:30-12:30pm and Afternoon Soft Drinks*

*You May Photocopy This Form for Additional Persons*

### REGISTRATION: Labor & Delivery: Intensive Caring 2010

NAME \_\_\_\_\_ License# \_\_\_\_\_

RN(C)  LPN/VN  CNM  NP  Other \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Day Phone (\_\_\_\_) \_\_\_\_\_ EMail \_\_\_\_\_

Hospital/Clinic I work with: \_\_\_\_\_  Group Registration

My clinical practice area is: \_\_\_\_\_

Check Payable to: Professional Education Center (PEC)

      

Card #'s \_\_\_\_\_ Exp. \_\_\_\_\_

I prefer a vegetarian lunch (available with pre-registration only)

#### I WILL ATTEND:

Atlanta, GA	<input type="checkbox"/> 4/12	<input type="checkbox"/> 4/13
Las Vegas, NV	<input type="checkbox"/> 4/26	<input type="checkbox"/> 4/27
San Francisco, CA	<input type="checkbox"/> 4/29	<input type="checkbox"/> 4/30
New York, NY	<input type="checkbox"/> 10/7	<input type="checkbox"/> 10/8
Philadelphia, PA	<input type="checkbox"/> 10/11	<input type="checkbox"/> 10/12

#### PRE-PAID FEES

Both Days    One Day

\_\_\_ Individual     \$289     \$169  
\_\_\_ Group 4-9\*     \$279ea     \$159ea  
\_\_\_ Group 10+\*     \$269ea     \$149ea

At The Door Payment or Registration: \$309/\$179  
(At door registration on 'Space Available' basis)

\*Groups MUST Pre-register/Prepay Together

#### MAIL TO:

**Labor & Delivery  
Intensive Caring  
PO Box 7447  
Chico, CA 95927-7447**

**EASY REGISTRATION: Call 800-732-2387 9am-4pm M-F (PST)**  
24 Hour FAX: 530-343-3575 or online @ [www.proedcenter.com](http://www.proedcenter.com)

★ Paid registrations postmarked 6 weeks prior to program receive a \$10 bonus certificate to use as cash for your next PEC registration!

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NAME \_\_\_\_\_ License# \_\_\_\_\_

RN(C)  LPN/VN  CNM  NP  Other \_\_\_\_\_

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PLEASE POST - THANK YOU!

## LABOR & DELIVERY:

### Intensive Caring

*Essential Skills for Clinical Care...*

- Induction/Augmentation • Dystocia
- Managing Pain - Epidurals
- Labor Emergencies • Diabetes
- Shoulder Dystocia • PP Emergencies

Register for this and other courses + homestudy CE at:  
[www.proedcenter.com](http://www.proedcenter.com)

**CE CREDITS: BRN - 15.5 Contact Hours (7.5 per day)**

**Physicians - 15.5 Hrs. Cat. II CME ANCC - 13 Contact Hours (6.5 each day)**

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## 2010 PROGRAM LOCATION - LODGING

**ATLANTA, GA - April 12-13**

WellStar Health System- 2000 S. Park Place

**LODGING: Doubletree Atlanta NW - 2055 S. Park Place**

770-272-9441 - Ask for the "WellStar rate"

**LAS VEGAS, NV - April 26-27**

Tuscany Suites & Casino - 255 E Flamingo Road

877-887-2261 - \$65 Sun-Thurs; \$115 Fri-Sat

Ask for: "Labor/Delivery Intensive Caring Rate"

**SAN FRANCISCO, CA - April 29-30**

South San Francisco Conference Center

255 South Airport Blvd. **LODGING:**

Holiday Inn - 650-873-3550 - \$125 S/D (across parking lot)

Four Points - 650-624-3700 - \$135 S/D (across street)

**NEW YORK, NY - October 7-8**

Sheraton LaGuardia East - 135-20 39th Ave.

888-268-0717 - \$169 S/D\* (Flushing, NY)

\*Not listed as a "group" rate - ask for the Professional Education Center "preferred rate"

**PHILADELPHIA, PA - October 11-12**

ACE Conference Center - 800 Ridge Pike

610-825-8000 or 800-523-3000 - \$129 S/D

(Lafayette Hill, PA)

**Lunch Provided - Parking is On Your Own...**

**PROGRAM LOCATION:** If location change becomes necessary, registered conference participants will be notified. **HOTEL RESERVATIONS:** For PEC discount rate listed above, reservation must be made 30 or more days prior to conference, as space remains available. **PROFESSIONAL EDUCATION CENTER** is dedicated to providing education you can use - education that makes a difference! **JOIN THE CROWD:** Our attendees represent the best and most prestigious medical care facilities including: **Johns Hopkins, Mayo Clinics/Hospitals, Brigham and Women's Hospital, University of Illinois, Parkland, Kaiser Foundation Hospitals, Cedars-Sinai, Good Samaritan Hospitals, University of California Medical Centers, Beth-Israel, Columbia Hospitals, Baylor University Hospitals, Massachusetts General, Cleveland Clinic, and 100's of others.** The opportunity to share experiences and network with your peers is just one more reason to choose Professional Education Center for your CE needs. Neither program planners nor presenters have any commercial conflict of interest.