

RNC Exam Preparation: Maternal-Newborn Low Risk Neonatal

All NEW COURSE!
Want your RNC? Application enclosed
for NCC Maternal-Newborn or Low Risk Neonatal
NCC CORE EXAM on-site exam option following
each course presentation! Great for Magnet Status!

Maternal & Low Risk Newborn

#1 For AP - PP - Neonatal
Nursing Excellence!

Cindy Parke, MSN, CNM
Tracy Karp, RNC, MS, NNP

Spring/Fall 2010

SEATTLE, WA - Feb. 3-4-5 (6)
Holiday Inn Seattle Renton
One South Grady Way, Renton, WA

HONOLULU, HI - Feb. 8-9-10 (11)
Pacific Beach Hotel
2490 Kalakaua Avenue

RALEIGH Area, NC - April 14-15-16 (17)
Radisson Research Triangle Park
150 Park Drive

ANAHEIM, CA - May 12-13-14 (15)
Embassy Suites Anaheim South
11767 Harbor Blvd.

NEWYORK, NY - September 13-14-15 (16)
Sheraton LaGuardia East
135-20 39th Ave. (Flushing)

ATLANTIC CITY, NJ - October 13-14-15 (16)
Atlantic City Convention Center
One Convention Blvd.

***Date (-) is NCC Exam Date - Both Maternal-Newborn & Low Risk Neonatal Exams are offered...*

PEC-NCC Application Inside! Qualified applicants may apply for and upon approval, take the paper-pencil Maternal Newborn or Low-Risk Neonatal Nursing Exam following conference presentation at each site! (Day 4)

Professional
EDUCATION CENTER

P.O. Box 7447
Chico, California 95927-7447
530-343-3504

MEET YOUR SPEAKERS...



Cindy Parke, MSN, CNM

Certified Nurse Midwife, Educator, and Clinician; Cindy has taught essentials of women's health, pregnancy, and childbirth topics to nurses nationwide. An active member of the American College of Nurse-Midwives, Ohio Association of Advanced Practice Nurses, Sigma Theta Tau, the Jacobs Institute of Women's Health and the International Cesarean Awareness Network, Cindy's focus is on comprehensive assessment and care; antepartum through postpartum. Recognizing the risks, choosing appropriate interventions, responding to the clinical findings - this program presents a focused overview of maternal care.



Tracy Karp, RNC, MS, NNP

Author, Educator, Researcher, Clinician: Tracy Karp has twenty nine years experience in neonatal nursing. He is currently the Neonatal Nurse Practitioner manager at Primary Children's Medical Center and The LDS Hospital. He is also on Clinical Faculty at the University of Utah College of Nursing in Salt Lake City, Utah. He has presented at various conventions; served on multiple state, regional, and national neonatal committees, and has authored or co-authored numerous chapters and articles including the "Neonatal Emergencies" chapter in the recent Mosby's *Pediatric Emergency Nursing* text and the "Neurosurgical Conditions" chapter in NICU Ink's *Neonatal Surgical Procedures: A Guide for Care and Management*.

WHAT PEOPLE SAY...

"Dear Cindy, it was a pleasure to attend your seminar. Your content was excellent, relevant and very well delivered. Your caring nature and pride in your profession is so clear. Thank you for sharing your expertise!"

"EXCELLENT course -speaker and content! Cindy is terrific, compassionate and facilitates communication!"

"What a GREAT instructor! Tracy is phenomenal with his background, knowledge and clinical expertise!"

"TERRIFIC course! Tracy made complex care & assessment logical - I'm confident of my care & I passed the exam!"

"What an INCREDIBLE three days! Great review, update and best of all - I PASSED! Thank you Cindy & Tracy!"

PROGRAM AMENITIES

All PEC programs provide morning coffee/tea/decaffe, light lunch, and afternoon sodas. A comprehensive training manual is provided for each participant. **Classroom style seating (table/chair) is the preferred PEC room set-up.**

CONTINUING EDUCATION CREDITS

Professional Education Center (PEC) is a provider approved by the California Board of Registered Nursing, Provider #9890, Iowa #290, and Kansas #LT0170-0261 for 23 (7.5 day) Contact Hours. Professional Education Center is an approved provider of continuing nursing education by the Alabama State Nurses Association, an accredited approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. Alabama Provider #5-67 and Florida FBN #2219 for 19.5 Contact Hours (6.5 day). Meets Texas Type I criteria. This program is designed to meet Board of Nursing CE requirements for license renewal in all 50 states.

CE Certificate is issued at program conclusion.

WHO SHOULD ATTEND:

- **AP - IP - PP and Neonatal Nurses**
- **Mother-Baby and LDRP Nurses**
- **Maternal and Newborn Clinical Specialists**
- **Nurses Needing a Review or Orientation to Maternal and/or Newborn Care Situations...**
- **Nurses planning to take the Maternal Newborn or Low Risk Newborn RNC exam**

Fast paced, comprehensive and intense review of physiology, pathophysiology, signs/symptoms, diagnosis, treatment and prognosis of mother and the low-risk newborn. This program will refresh your knowledge base, improve your assessment skills for clinical practice and assist you as a caregiver as well as preparation for the RNC exams.

PROGRAM OBJECTIVES:

Through Lecture and Discussion This Program Will:

- Describe maternal, fetal and neonatal physiology, norms and expected outcomes from the antepartum to the postpartum period, determining potential risk factors affecting outcomes.
- Review maternal history and physical findings to determine potential risk factors affecting maternal, fetal and neonatal outcomes.
- Identify normal and abnormal findings through physical assessment, laboratory values and common screening tools.
- Describe components for neonatal assessment and systems review.
- Describe common problems and complications in the antepartum, intrapartum, postpartum, and transitional time periods.
- Identify the at risk mother, fetus and newborn based upon multiple facets of information available to the care provider.
- Discuss elements of lactation, nutrition and breastfeeding.
- Describe components of education and support for maternal, newborn and family care.
- Discuss role adaptation, nursing care and family dynamics relative to maternal and newborn norms, deviations and needs.

GUARANTEE - CANCELLATION - TAXES

GUARANTEE: If you are not satisfied with the content and presentation of this program, notify the registrar by 12 noon on 1st day or attendance for refund of registration fees. **CANCELLATIONS:** Up to 7 days before the program choose: Registration fee refund minus \$25 per day administrative fee or full value credit letter. **Cancellation within 7 days:** No monetary refund. Send a substitute or request a credit letter (minus \$25/day administrative fee) which will allow you to apply fees to a future program of your choice. If program cannot be held due to circumstances beyond our control (natural disaster, strike, etc.) the seminar will be rescheduled if possible. Registrants may choose free admission to the rescheduled program, credit voucher good for any future PEC program, or if unable to reschedule, tuition refund. PEC reserves the right to substitute qualified speaker(s) in response to emergency circumstances beyond our control. **CE tuition, travel/meal expenses are tax deductible.** Consult your tax advisor for details.

Maternal & Low Risk Newborn Nursing Comprehensive Assessment & Care...

DAY ONE - Maternal

7:30am Check In with Coffee/Tea/Decaffe
 8:00am **ANTEPARTUM:** Maternal Physiology & Assessment History - Physical - Lab Values - Weight Gain/Loss
Problems: EDC - STD's - Substance Abuse - Anemia
Risks & Complications: Size-Date Discrepancy LGA - SGA - IUGR - Poly & Oligohydramnios, Multiples
 Premature Labor - Post dates Pregnancy; Diabetes/GDM
 Hypertension - Cardiac, Renal & GI Disease - Bleeding
FETAL ASSESSMENT: 1st - 2nd Trimester Screening Genetics - Amniocentesis - Ultrasound - NST - BPP
INTRAPARTUM: Maternal-Fetal Health vs Risk
 FHR-NICHD - Resuscitation - Cord Gasses - Rx in Labor
Labor Complications: Precipitous/Prolonged - MSF
 Shoulder Dystocia - PROM - Chorioamnionitis - Abruptio - Cord Prolapse - Malpresentation
POSTPARTUM: Maternal Health & Physiology
 Lab Values - Health Assessment - Medications - Care
 3:30pm Adjourn

DAY TWO - Maternal - Newborn

7:30am Check In with Coffee/Tea/Decaffe
 8:00am **POSTPARTUM: Common Problems**
 Bladder - Hemorrhoids - Pain - Engorgement
 Constipation - Fatigue - Postpartum Depression
COMPLICATIONS: PPH - DIC - Hematoma - Uterine Rupture - Hypertension - Infection - Thrombophlebitis
EDUCATION: Self & Infant Care - Contraception
Lactation: Expectations - Problems - Education
Family Dynamics: Role Transition - Adaptation - Grief
NEWBORN: Assessment & Management
 Clinical Findings & Laboratory - Diagnostic Data
 Gestational Age - Thermoregulation - Developmental
SYSTEMS REVIEW: Normal & Abnormal Findings
 Physiology - Assessment - Complications & Variations
 Cardiac - Respiratory - GI - Integumentary
 Musculoskeletal - Head: E E N T
 3:30pm Adjourn

DAY THREE - Newborn

7:30am Check In with Coffee/Tea/Decaffe
 8:00am **NEWBORN SYSTEMS ASSESSMENT Continued...**
 Hematopoietic - Neurologic - Immune - Endocrine - GU
GENETICS: Patterns of Inheritance
 Common Abnormalities & Defects
RECOGNIZING EARLY PROBLEMS:
 Hyperbilirubinemia - Maternal Substance Abuse
GENERAL MANAGEMENT
 Resuscitation & Stabilization
Neonatal Nutrition: Feeding & Lactation
Pharmacology - Pain Assessment & Management
Family Integration: Discharge Planning/Home Care
PROFESSIONAL - LEGAL - ETHICAL ISSUES
 3:30pm Adjourn

DAY FOUR - NCC EXAM Maternal-Newborn Nursing Low Risk Neonatal Nursing

7:30am Check In with Coffee/Tea/Decaffe
 8:00am NCC Exam for Approved Candidates
 11:00am Adjourn

Taking this course does not guarantee passing the exam(s).

For Your Convenience and Enjoyment....

Each Day begins with Coffee/Tea/Decaffe
 Lunch provided days 1-3: 11:30am to 12:30pm
 Comprehensive Course Syllabus Provided

Please Photocopy This Form For Additional Persons

REGISTRATION: 2010 Maternal-Newborn

NAME _____ License# _____
 RN APN CNM MD/DO PA Other: _____
 LVN/PN* may attend for CE but are not eligible for NCC RNC exam.
 Address _____
 City _____ State _____ Zip _____
 Phone (____) _____ Email _____
 Hospital/Clinic I work with: _____ Group Registration
 My clinical practice area is: _____
 Check Payable to: Professional Education Center (PEC)
 WSA
 Card #'s _____ Exp. _____

I prefer a vegetarian lunch (available with pre-registration only)

PEC course and NCC exam are separate registration and fees. You must send completed, signed application to NCC for exam. * Your NCC application MUST be postmarked at least 21 days prior to course/exam date.

PROGRAM FEES Complete Course Daily Attendance

___ Individual \$429 \$179 per day
 ___ Group 4-9* \$419 each \$169 each/day
 ___ Group 10+* \$409 each \$159 each/day

At The Door Payment or Registration: \$459/Course or \$189/day

At door registration on 'Space Available' basis - please call to confirm.

*Groups MUST pre-register & pre-pay TOGETHER to qualify as a group.

Group Rates are "pre-paid" and are not available at the door.

Seattle, WA	<input type="checkbox"/> 2/03	<input type="checkbox"/> 2/04	<input type="checkbox"/> 2/05	* <input type="checkbox"/> 2/06	<input type="checkbox"/> * I Plan to submit application to NCC to take the <input type="checkbox"/> MNB <input type="checkbox"/> LRNB Exam at the selected site.
Honolulu, HI	<input type="checkbox"/> 2/08	<input type="checkbox"/> 2/09	<input type="checkbox"/> 2/10	* <input type="checkbox"/> 2/11	
Raleigh, NC	<input type="checkbox"/> 4/14	<input type="checkbox"/> 4/15	<input type="checkbox"/> 4/16	* <input type="checkbox"/> 4/17	
Anaheim, CA	<input type="checkbox"/> 5/12	<input type="checkbox"/> 5/13	<input type="checkbox"/> 5/14	* <input type="checkbox"/> 5/15	
New York, NY	<input type="checkbox"/> 9/13	<input type="checkbox"/> 9/14	<input type="checkbox"/> 9/15	* <input type="checkbox"/> 9/16	
Atlantic City, NJ	<input type="checkbox"/> 10/13	<input type="checkbox"/> 10/14	<input type="checkbox"/> 10/15*	<input type="checkbox"/> 10/16	

*If you wish to take the test for RNC - you must submit exam application to NCC.

Recommended Additional Study Textbook(s) (Optional)

- AWHONN Core Curriculum Maternal-Newborn Nursing* with 24 Hour CE Homestudy \$99.95**
 Assessment & Care of the Well Newborn with 12 Hour CE Homestudy \$89.95**
 **Limited quantities of these texts will be available at the conference..
 Prices Listed are discounted fee w/conference registration
 Add \$7 Shipping/Handling for optional texts. AK/HI add \$15

Mail Your **MATERNAL NEWBORN**
 Registration **P.O. Box 7447**
 To: **Chico, CA 95927-7447**

EASY REGISTRATION WITH ANY MAJOR CREDIT CARD:

Call: 800-732-2387 9am-4pm M-F (PST)
 Register at anytime! FAX - 530-343-3575

Online at: www.proedcenter.com

The NCC Core exams for RNC certification are separate from and have no affiliation with this course, it is a service/option for PEC Maternal-Newborn course registrants. If you wish to take the NCC exam following PEC review course presentation, you must complete the PEC-NCC Exam application and send directly to NCC. If NCC application is missing from this brochure please download at www.proedcenter.com or call PEC at 800-732-2387 for additional forms. ONLY the PEC-NCC application may be used for testing at these sites. You may photocopy and staple the four page application. *NCC Application must be postmarked at least 21 days prior to exam date. Submission of application does not guarantee acceptance by NCC to sit the exam. Testing site inclusion does not constitute NCC endorsement of course, course content, or materials provided. NCC and PEC are not affiliated organizations. A collaborative effort has provided an educational (PEC) and testing (NCC) opportunity available to clinicians nationwide. *PEC is not responsible for delayed mail - see mail date required by NCC on application.

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P.O. Box 7447
Chico, California 95927-7447
Return Service Requested

FIRST CLASS MAIL

PRESORTED
FIRST-CLASS MAIL
U.S. POSTAGE
PAID
PEC

Maternal-Newborn

RNC Exam Prep - Update - Review

TWO NCC Exams to choose from!!

NCC Exam-Testing On-Site!

Comprehensive Systems Review

AP - IP - PP - Low Risk NB

Physiology Focused Assessment

Care-Focused Content...

PLEASE POST - THANK YOU!

RNC EXAM INFORMATION CONTACT-DETAILS:

NCC Application Inside for questions go to:
www.nccwebsite.org

**Download additional applications or register for this and
other CE courses at: www.proedcenter.com**

CE CREDIT: Nurses: BRN - 23 Hours CE Credit; ANCC - 19.5 Contact Hours.

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2010 PROGRAM LOCATION/LODGING

SEATTLE, WA - Feb. 3-4-5 (6)

Holiday Inn Seattle Renton
One South Grady Way, Renton, WA
425-226-7700 - \$119 S/D Ask for 'Maternal Newborn' Rate

HONOLULU, HI - Feb. 8-9-10 (11)

Pacific Beach Hotel
2490 Kalakaua Avenue
808-923-8338 - \$169 S/D

RALEIGH Area, NC - April 14-15-16 (17)

Radisson Research Triangle Park - 150 Park Drive
919-549-8631 - \$119 S / \$129 D
Ask for 'Maternal Newborn' Rate

ANAHEIM, CA - May 12-13-14 (15)

Embassy Suites Anaheim South - 11767 Harbor Blvd.
714-539-3300 or 800-HILTONS - \$155 for 1 King Bed Suite
\$175 for 2 Queen Bed Suite - Ask for "Maternal Newborn" rate

NEW YORK, NY - September 13-14-15 (16)

Sheraton LaGuardia East - 135-20 39th Ave. (Flushing)
888-268-0717 - \$169 S/D *Not listed as a "group" rate
Ask for the Professional Education Center "preferred rate"

ATLANTIC CITY, NJ - October 13-14-15 (16)

Atlantic City Convention Center - One Convention Blvd.
LODGING: Sheraton Atlantic City Convention Center
609-344-3535 - \$139 S/D

LUNCH PROVIDED AT ALL PEC CONFERENCES....

PARKING FEES (if any) ARE THE RESPONSIBILITY OF THE PARTICIPANT.

PROGRAM LOCATION: If location change becomes necessary, registered conference participants will be notified.

HOTEL RESERVATIONS: Please request the **Professional Education Center** discount rate listed above. Please make your reservations early, discounts available 30 or more days prior to conference, as space remains available.

PROFESSIONAL EDUCATION CENTER is dedicated to providing education you can use - education that makes a difference!

JOIN THE CROWD: Our attendees represent the best and most prestigious medical care facilities including: **Johns Hopkins, Mayo Clinics/Hospitals, Brigham and Women's Hospital, University of Illinois, Parkland, Kaiser Foundation Hospitals, Cedars-Sinai, Good Samaritan Hospitals, University of California Medical Centers, Beth-Israel, Columbia Hospitals, Baylor University Hospitals, Massachusetts General, Cleveland Clinic, and 100's of others.** The opportunity to share experiences and network with your peers is just one more reason to choose Professional Education Center for your CE needs. Neither program planners nor presenters have any commercial conflict of interest.