

CERTIFICATION COURSE

LIMITED THIRD TRIMESTER

ULTRASOUND

.... FOR THE OB NURSE

CERTIFICATION COURSE DEVELOPED AND PRESENTED BY:

MEREDITH FRESQUEZ BSN, RDMS

TO MEET AWHONN GUIDELINES - DIDACTIC RECOMMENDATIONS

Spring/Fall 2010

SAN ANTONIO, TX - April 23-24
Marriott San Antonio Northwest
3233 NW Loop 410

ATLANTIC CITY, NJ - September 10-11
Atlantic City Convention Center
One Convention Boulevard

ANAHEIM, CA - May 7-8
Embassy Suites Anaheim South
11767 Harbor Boulevard

LAS VEGAS, NV - October 22-23
Tuscany Suites & Casino
255 East Flamingo Road

Registration Fees Include Lunch
Register Early - Space is Limited

Professional
EDUCATION CENTER

2805 The Esplanade
P.O. Box 7447
Chico, California 95927-7447
530-343-3504



MEREDITH FRESQUEZ BSN, RDMS

A highly experienced educator and practitioner, Meredith has many years of experience in obstetrical ultrasound, presenting comprehensive obstetric ultrasound topics to nurses, midwives, and physicians.

This program offers the most current and up-to-date information available! Meredith served on the AWHONN task force for **Nursing Practice Competencies and Educational Guidelines for Limited Obstetrical Ultrasound Examinations in Obstetric and Gynecologic/Infertility Settings** and authored **AWHONN Concepts of Limited Obstetrical Ultrasound for the OB/GYN Nurse**. A clinical sonographer, and an active member of the American Institute of Ultrasound in Medicine, Meredith has been involved with perinatal ultrasound research and is published in the *Journal of Perinatal and Neonatal Nursing* and *Ultrasound in Obstetrics and Gynecology*. ***This is one program you won't want to miss!***



Additional Resource! Meredith recommends: Limited Sonography in OB-GYN Triage, Ed. 2 Includes 10 Hour CE Credit Homestudy! Reg. \$79.95 With Registration - \$69.95 Order now to get your book at home! *

**Limited quantities will also be available for purchase at conference.*

WHAT PEOPLE SAY...

"TERRIFIC Course - easy to understand and pertinent to my practice! I highly recommend this course!"

"Meredith has SO MUCH KNOWLEDGE and really gets it across well!" "Meredith is a GREAT teacher!"

"This class was EXCELLENT! The most captivating, educational and intelligent conference I have ever attended!"

"EXCEPTIONAL program! Meredith holds the attention of the class!" "Great class, great instructor, great materials!"

"The PRACTICAL POINTS and CLINICAL CHECKLIST gave me just what I needed to go back and set up my own hands-on experience. I was amazed at how simple it was to apply once I got back into my clinical setting!"

CE CREDITS

Professional Education Center (PEC) is a provider approved by the California Board of Registered Nursing, Provider #9890, Iowa #290, and Kansas #LT0170-0261 for 16 (8 day 1 -7.5 day 2) Contact Hours. Professional Education Center is an approved provider of continuing nursing education by the Alabama State Nurses Association, an accredited approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. Alabama Provider #5-67 and Florida FBN #2219 for 13 (6.5 each day) Contact Hours. ACNM approved course for 13 contact hours. This program meets Texas Type I criteria. This program is designed to meet Board of Nursing CE requirements for license renewal in all 50 states.

CE Certificate is issued at program conclusion.

DURING THIS TWO-DAY SEMINAR you will become familiar with **the most current** information from clinical practice and research regarding **assessment of the fetus in utero**. Highlights include use of ultrasound by nurses and nurse-midwives for **biophysical profiles** and to make **essential observations** of the fetus in managing third trimester pregnancy, and care in labor and delivery.

CERTIFICATION of attendance and knowledge base (classroom/lecture component) is offered with the opportunity to take the **Certification Exam** at the conclusion of the course. **To take the Certification Exam one must attend the entire two day series.**

(Day One and Day Two may be taken individually for CE Credit)

PROGRAM HIGHLIGHTS:

- **Fundamentals of Ultrasound**
- **Imaging Orientation & Fetal Evaluation**
- **Biophysical Profile - Essential Elements**
- **Fetal Lie & Placental Localization**
- **Professional & Ethical Issues**
- **Certification Exam Verifying Knowledge Base**

This program presents the classroom component recommended in the AWHONN guidelines. A Clinical Checklist is provided and reviewed to assist the individual in arranging follow-up hands-on training in their own setting following classroom presentation. Clinic, Office, and Hospital experiences should be individualized.

PROGRAM OBJECTIVES

This program provides the 12 hours didactic classroom component recommended by AWHONN in the *Nursing Practice Competencies and Educational Guidelines for Limited Ultrasound Examinations in Obstetric and Gynecologic/Infertility Settings*.

At the conclusion of this program the participant will be able to:

- Understand the practice competencies for limited ultrasound in the obstetric setting.
- Describe the indications for limited OB ultrasound examination.
- Understand basic principles of ultrasound physics/instrumentation.
- Define the scope of patient education specific to antepartum fetal assessment and limited third trimester obstetrical ultrasound.
- Discuss the indications for and implications of Biophysical Profiles in evaluating and managing at-risk pregnancy.
- Discuss the role of the clinician in performing limited obstetrical ultrasound for labor and delivery triage.
- Identify key elements of accountability and documentation specific to ultrasound implementation and evaluation.
- List the components of a basic obstetrical ultrasound examination.

FOCUS: Indications for and implementation of limited OB Ultrasound in assessing and managing third trimester pregnancy.

GUARANTEE - CANCELLATION - TAXES

GUARANTEE: If you are not satisfied with the content and presentation of this program, notify the registrar by 12 noon 1st day of attendance for refund of registration fees. **CANCELLATIONS:** Up to **7 days** before the program choose: Registration fee refund minus \$25 per day administrative fee or full value credit letter. **Cancellation within 7 days:** No monetary refund. Send a substitute or request a credit letter (minus \$25/day administrative fee) which will allow you to apply fees to a future program of your choice. If program cannot be held due to circumstances beyond our control (natural disaster, strike, etc.) the seminar will be rescheduled if possible. Registrants may choose free admission to the rescheduled program, credit voucher good for any future PEC program, or if unable to reschedule, tuition refund. PEC reserves the right to substitute qualified speaker(s) in response to emergency circumstances beyond our control. **CE tuition, travel/meal expenses are tax deductible.** Consult your tax advisor for details.

ULTRASOUND

For the OB Nurse - A Certification Course

Day One

- 7:30 Check-In - Coffee/Tea/Pastry
8:00 **AWHONN GUIDELINES FOR LIMITED THIRD TRIMESTER ULTRASOUND EXAMS FUNDAMENTALS OF ULTRASOUND**
• Physics & Transducers
9:30 **Discussion - Question/Answer**
9:45 **"KNOBOLOGY"**
• What All Those Buttons Do...
10:30 **ORIENTATION TO IMAGING**
• Knowing Which End is Up...
Discussion - Question/Answer
11:30 **LUNCH - Provided**
12:30 **FETAL EVALUATION**
• History
• Methods
1:30 **FETAL BEHAVIORAL STATES**
• Implications & Assessment Methods
2:15 **THE BIOPHYSICAL PROFILE**
• Essential Elements
• Amniotic Fluid Volume
3:30 **FILM: Concepts of Limited Obstetrical Ultrasound for the OB/GYN Nurse**
4:00 **Adjourn**

Day Two

- 7:30 Check-In - Coffee/Tea/Pastry
8:00 **ULTRASOUND TAPE & REVIEW SCANNING & INTERPRETATION**
• Fetal Lie and Placental Localization
9:15 **Discussion - Question/Answer**
9:30 **THE BASIC FETAL ULTRASOUND**
• A Window to The Fetus
10:30 **REVIEW OF FETAL ANATOMY Discussion - Question/Answer**
11:30 **LUNCH - Provided**
12:30 **PROFESSIONAL ISSUES**
• Documentation
• Lines of Authority
• Policies and Procedures
• Ethical Issues
1:15 **CLINICAL APPLICATION OF LIMITED ULTRASOUND**
• Clinical Guidelines
• Competency Checklist
1:45 **Discussion - Question/Answer**
2:00 **CERTIFICATION EXAMINATION**
3:30 **Adjourn**

LUNCH Provided - Comprehensive Course Syllabus
Morning Coffee/Tea/Pastry & Afternoon Sodas Provided Each Day

REGISTRATION: OB Ultrasound *(Please Print)*

NAME _____ License# _____
 MD DO RN LPN/VN CNM Other: _____
Hospital/Office I work with: _____ Group Registration
HOME Address _____
City _____ State _____ Zip _____
Day Phone (_____) _____
Email address: _____
My clinical practice area is: _____

Check Payable to: Professional Education Center (PEC)

   
Card #'s _____ Exp. _____

I Prefer a Vegetarian Lunch *(Available with pre-registration only)*

I WILL ATTEND: San Antonio, TX 4/23 4/24/2010
Anaheim, CA 5/07 5/08/2010
Atlantic City, NJ 9/10 9/11/2010
Las Vegas, NV 10/22 10/23/2010

Register Early - Space is Limited

You may photocopy this form for additional persons

PRE-PAID PROGRAM FEES:

- EARLY Registration \$319 if Postmarked by*:**
 March 12 - San Antonio July 30 - Atlantic City
 March 26 - Anaheim September 10 - Las Vegas
**Dates for Early Discount Registration!*
- REGULAR Registration:**
 Individual \$339 Group 4+ \$319* each
**Group rate when pre-registered/pre-paid together*
 Day One Only or Day Two Only - \$169/Day

Add: Ultrasound Text OB-GYN Triage 2nd Ed. \$69.95

AT DOOR PAYMENT or REGISTRATION: Add \$25 Course/\$15 Day**
Group rate not available at door. CANCELLATIONS: Up to 7 days prior:
Refund minus \$50/Course or \$25/day fee. **Cancellation within 7 days:** Send
substitute or you may request a Credit Letter minus cancellation fee for another
program of your choice. **At door registration on "space available" basis. Call
800-732-2387 to confirm availability. **Substitutes are always accepted.**

Mail Your Registration To:
OB ULTRASOUND
Professional Education Center
P.O. Box 7447
Chico, California 95927-7447

EASY REGISTRATION:

Call Today With Any Major Credit Card
800-732-2387 9am-4pm M-F (PST)
24 Hour Registration: FAX 530-343-3575
Register on-line @ www.proedcenter.com

Confirmation, Map, and Receipt sent for each registrant.
If you did not receive confirmation or are registering within
14 days of program - please call to confirm your space.



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Chico, California 95927-7447
Return Service Requested

FIRST CLASS MAIL

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LIMITED THIRD TRIMESTER
OB ULTRASOUND
WHO SHOULD ATTEND?

OFFICE & CLINIC STAFF
LABOR & DELIVERY NURSES
NURSE MIDWIVES

ALL Those Interested in Advanced Practice!

PLEASE POST - THANK YOU!

Visit our website & register on-line www.proedcenter.com

CE CREDITS: 16 Hrs Nursing BRN

13 Contact Hours ANCC; ACNM approved for 13 hours Physicians applies as Cat. II CME

Professional Education Center is an approved provider of continuing nursing education by the Alabama State Nurses Association, an accredited approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

2010 Program Location - Lodging

SAN ANTONIO, TX - April 23-24

Marriott San Antonio Northwest
3233 NW Loop 410
800-706-9963 - \$99 S/D

ANAHEIM, CA - May 7-8

Embassy Suites Anaheim South
11767 Harbor Boulevard
714-539-3300 or 800-HILTONS
\$155 King/\$175 2 Beds
Ask for the 'OB Ultrasound' rate...

ATLANTIC CITY, NJ - September 10-11

Atlantic City Convention Center
One Convention Boulevard
LODGING: Sheraton Atlantic City
Two Convention Boulevard
609-344-3535 or 888-627-7212- \$139 S/D

LAS VEGAS, NV - October 22-23

Tuscany Suites & Casino
255 East Flamingo Road
877-887-2261 - \$65 Sun-Thurs/\$115 Fri-Sat
Ask for the 'OB Ultrasound' rate...

LUNCH IS PROVIDED EACH DAY - PARKING - ON YOUR OWN

PROGRAM LOCATION: If location change becomes necessary, registered conference participants will be notified. **HOTEL RESERVATIONS:** Please request the **Professional Education Center** discount rate listed above. Please make your reservations early, discounts available 30 or more days prior to conference, as space remains available. **PROFESSIONAL EDUCATION CENTER** is dedicated to providing education you can use - education that makes a difference! **JOIN THE CROWD:** Our attendees represent the best and most prestigious medical care facilities including: **Johns Hopkins, Mayo Clinics/Hospitals, Brigham and Women's Hospital, University of Illinois, Parkland, Kaiser Foundation Hospitals, Cedars-Sinai, Good Samaritan Hospitals, University of California Medical Centers, Beth-Israel, Columbia Hospitals, Baylor University Hospitals, Massachusetts General, Cleveland Clinic, and 100's of others.** The opportunity to share experiences and network with your peers is just one more reason to choose Professional Education Center for your CE programs! Neither program planners nor presenters have any commercial conflict of interest.