

LABOR & DELIVERY

Intensive Caring...

Essential Skills for Intrapartum Care

Cindy Parke, CNM, MSN helps you:
Maintain your In Patient OB or Maternal Newborn Certification...
Renew your "Art" of Labor and Delivery Nursing...
Improve your L/D Assessment & Intervention Skills...

Spring-Fall 2011

HONOLULU, HI February 28 - March 1
Pacific Beach Hotel
2490 Kalakaua Avenue

CHICAGO, IL October 10-11
Radisson Schaumburg
1725 E. Algonquin Road

ANAHEIM, CA - May 2-3
Embassy Suites Anaheim South
11767 Harbor Boulevard

BOSTON, MA October 24-25
Crowne Plaza Natick
1360 Worcester Road

NEW YORK, NY - September 19-20
Sheraton La Guardia East
135-20 39th Ave. (Flushing, NY)

*CE Credits apply for your RNC
In Patient OB and Maternal Newborn
certification renewal....
...Lunch is included each day*

Register Early - Space is Limited

Professional
EDUCATION CENTER

P.O. Box 7447
Chico, California 95927-7447
530-343-3504



Cindy Parke

CNM, MSN

Certified Nurse Midwife, Educator, and Clinician; Cindy has taught essentials of women's health, pregnancy, and childbirth topics to nurses nationwide. An active member of the American College of Nurse-Midwives, Ohio Association of Advanced Practice Nurses, Sigma Theta Tau, Jacobs Institute of Women's Health and the International Cesarean Awareness Network, Cindy's focus is on comprehensive maternal/fetal care throughout the labor and delivery process. Recognizing the risks, choosing appropriate interventions, responding to the critical clinical challenges - this program is one you will use daily in your OB practice. Clinically focused, patient centered, and result-oriented - this is one program you can't afford to miss!

Join Cindy as she shares her extensive clinical expertise with the intense clinical knowledge you need for effective care throughout the labor process!

WHAT PEOPLE SAY...

"EXCELLENT speaker - wonderful topics very well presented! Best program I have been to in years! Cindy is GREAT!"

"I LOVED this class! As the nurse manager of a large OB department I found this to be the most helpful class I've ever attended! My pen was 'on fire' with Cindy's insight and clinical suggestions - this was the best conference I've been to!"
(Personal quote at the AWHONN national convention...)

"PRACTICAL knowledge and DEMONSTRATIONS... at last, I know what to look for, what to do and how to help!"

"Hands down, this is the BEST Labor & Delivery presentation I have ever attended! Combines just the right amount of high touch with the high tech units of today's L&D experience!"

CONTINUING EDUCATION CREDITS

Professional Education Center (PEC) is a provider approved by the California Board of Registered Nursing, Provider #9890, Iowa #290, and Kansas #LT0170-0261 for 15.5 (7.5day) Contact Hours. Alabama Provider #5-67 and Florida FBN#2219 for 13 Contact Hours (6.5 each day). Meets Texas Type I criteria. This program is designed to meet Board of Nursing CE requirements for license renewal in all 50 states.

Professional Education Center is an approved provider of continuing nursing education by the Alabama State Nurses Association, an accredited approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

CE Certificate is issued at program conclusion.

WHO SHOULD ATTEND?

- Labor & Delivery Nurses
- Nurse Midwives
- LDRP & Mother/Baby Nurses
- Antepartum & Postpartum Nurses

"Experience is the Best Teacher" and this course proves it! Join Cindy as she shares her 30+ years OB experience, working daily with patients, physicians and midwifery and nursing colleagues!

This program will maximize your knowledge base and give you essential tools for the intensive and sometimes critical care situations you encounter each and every day in labor and delivery. From admission (antepartum clinic or office nurses) through delivery (nursery, postpartum nurses) Cindy gives you essentials for comprehensive clinical assessments, intervention & daily care!

PROGRAM OBJECTIVES:

Following comprehensive lecture, discussion, audiovisual presentation and case review, you will be able to:

- Review labor physiology, pathophysiology and components of effective labor progress and develop effective patient assessment, care and management techniques that assist birth physiology.
- Develop policies/strategies for labor induction and augmentation based on evidence and NICHD recommendations.
- Recognize and respond to abnormal labor patterns including dystocia.
- Review pain assessment and management in labor including pharmacologic support and non-pharmacologic care techniques.
- Identify adverse fetal response to labor, causation, clinical observations, interventions and intrauterine resuscitation. Review new NICHD definitions and categories.
- Recognize a variety of emergent labor situations including: hemorrhage, diabetes and hypertension management concerns and issues.
- Identify normal and abnormal parameters in second stage labor, explore new research based suggestions for second stage management.
- Describe risk factors for shoulder dystocia noting clinical interventions and techniques to improve outcomes, and decrease liability.
- Describe indicators of stage III-IV labor emergency situations.
- Recognize and respond to abnormal physiologic indicators and early warning signs of postpartum complications.

**It's EASY to bring this program to your staff!
Call 800-732-2387 or Email cindy@proedcenter.com**

GUARANTEE - CANCELLATION - TAXES

GUARANTEE: If you are not satisfied with the content and presentation of this program, notify the registrar by 12 noon 1st day of attendance for refund of registration fees. **CANCELLATIONS:** Up to 7 days before the program choose: Registration fee refund minus \$25 per day administrative fee or full value credit letter. **Cancellation within 7 days:** No monetary refund. Send a substitute or request a credit letter (minus \$25/day administrative fee) which will allow you to apply fees to a future program of your choice. If program cannot be held due to circumstances beyond our control (natural disaster, strike, etc.) the seminar will be rescheduled if possible. Registrants may choose free admission to the rescheduled program, credit voucher good for any future PEC program, or if unable to reschedule, tuition refund. PEC reserves the right to substitute qualified speaker(s) in response to emergency circumstances beyond our control. **CE tuition, travel/meal expenses are tax deductible.** Consult your tax advisor for details.

LABOR & DELIVERY: Intensive Caring

Day One

LATENT & STAGE I LABOR

7:30 Check In - Coffee/Tea/Decaffe

8:00 PRACTICING SAFELY & AVOIDING LITIGATION...
TRIAGE & ONGOING EVALUATION IN LABOR

- Essential Assessment Skills • Expecting the "Unexpected"

INDUCTION & AUGMENTATION

- Cervical Ripening - Methods and Rx
- Risks - Hazards - Tachysystole - Failure to Progress

Dealing With the Drugs... Cervidil - Cytotec - Pitocin

- Nursing Care Essentials • Determining Candidates

LACK OF PROGRESS – TAKING INITIATIVE...

- Recognizing Dystocia & 'Lack of Progress'
- Friedman Curve vs Albers Curve • Clinical Intervention

PAIN MANAGEMENT IN LABOR...

- Labor Support • Multidimensional Approaches
- Managing Epidurals: Timing - Precautions - Dosing
- Relieving Back Labor & Converting OP Positions

ASSESSING FETAL HEALTH - Monitoring The Fetus:

- NICHD Terminology and Categories
- Identification • Intervention • Documentation
- Intrauterine Resuscitation

3:30 Adjourn

Day Two

CRITICAL INCIDENTS & CONDITIONS

7:30 Check In - Coffee/Tea/Decaffe

8:00 GROUP B STREP: Protocols & Procedures
MANAGING & DOCUMENTING EMERGENCIES...

- Vaginal Bleeding Triage: Placenta Previa - Abruption

- Uterine Rupture • DIC • AFE

MATERNAL RISKS = FETAL HAZARDS

- Hypertension – Pre-eclampsia – Eclampsia
- Diabetes: Managing Labor: Maternal/Fetal Response
- Preterm Labor: Evaluation - Tocolytics - Steroids

STAGE II LABOR – Fetal Response/Reaction

- Pushing for Fetal Well-being • Laboring Down

SHOULDER DYSTOCIA – Labor Clues

- Recognition, Management & Responsibilities
- Fundal Pressure & Your Day in Court...

VACUUM EXTRACTION: Do's & Don'ts

- Protocols • Nursing Responsibilities • Double Set-Up...

STAGE III-IV LABOR & POSTPARTUM EMERGENCIES

- Retained Placenta - Accreta/Increta/Percreta
- Uterine Inversion - Why it Happens - What to Do...
- Assessing Maternal Status: Recognizing & Responding

3:30 Adjourn

PROGRAM SCHEDULE: 8:00 am-3:30 pm Each Day
Complete Syllabus, Morning Coffee/Tea/Decaffe - Lunch 11:30-12:30pm and Afternoon Soft Drinks

You May Photocopy This Form for Additional Persons

REGISTRATION: Labor & Delivery: Intensive Caring 2011

NAME _____ License# _____

RN(C) LPN/VN CNM NP Other _____

Address _____

City _____ State _____ Zip _____

Day Phone (____) _____ EMail _____

Hospital/Clinic I work with: _____ Group Registration

My clinical practice area is: _____

Check Payable to: Professional Education Center (PEC)

VISA MasterCard DISCOVER AMERICAN EXPRESS

Card #'s _____ Exp. _____

I prefer a vegetarian lunch (available with pre-registration only)

I WILL ATTEND:

Honolulu, HI 2/28 3/01/11
 Anaheim, CA 5/02 5/03/11
 New York, NY 9/19 9/20/11
 Chicago, IL 10/10 10/11/11
 Boston, MA 10/24 10/25/11

PRE-PAID FEES Both Days One Day
 ___ Individual \$299 \$179
 ___ Group 4-9* \$289ea \$169ea
 ___ Group 10+* \$279ea \$159ea

At The Door Payment or Registration: \$319/\$189
 (At door registration on 'Space Available' basis)
 *Groups MUST Pre-register/Prepay Together

MAIL TO:
Labor & Delivery
Intensive Caring
 PO Box 7447
 Chico, CA 95927-7447

EASY REGISTRATION: Call 800-732-2387 9am-4pm M-F (PST)
 24 Hour FAX: 530-343-3575 or online @ www.proedcenter.com

★ Paid registrations postmarked 6 weeks prior to program receive a \$10 bonus certificate to use as cash for your next PEC registration!

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Return Service Requested

FIRST-CLASS MAIL

FIRST-CLASS
PRESORTED
U.S. POSTAGE
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PEC

LABOR & DELIVERY: Intensive Caring

Essential Skills for Clinical Care...

- Induction/Augmentation • Dystocia
 - Managing Pain - Epidurals
 - Labor Emergencies • Diabetes
- Shoulder Dystocia • PP Emergencies

PLEASE POST - THANK YOU!

Register for this and other courses + homestudy CE at:
www.proedcenter.com

CE CREDITS: BRN - 15.5 Contact Hours (7.5 per day); Physicians - 15.5 Hrs. Cat. II CME

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2011 PROGRAM LOCATION - LODGING

HONOLULU, HI - February 28 - March 1

Pacific Beach Hotel
2490 Kalakaua Avenue
808-923-4571 or 800-367-6060 - \$129 S/D

ANAHEIM, CA - May 2-3

Embassy Suites Anaheim South - 11767 Harbor Blvd.
714-539-3300 or 800-HILTONS - \$155 for 1 King Bed Suite
\$175 for 2 Queen Bed Suite
Ask for "Labor and Delivery" rate

NEW YORK, NY - September 19-20

Sheraton La Guardia East - 135-20 39th Ave.
888-268-0717 - \$169 S/D* (Flushing, NY)
*Not listed as a "group" rate - ask for the
Professional Education Center "preferred rate"

CHICAGO - October 10-11

Radisson Schaumburg
1725 E. Algonquin Road
847-397-1500 - \$84 S/D

BOSTON, MA - October 24-25

Crowne Plaza Natick
1360 Worcester Road
508-653-8800 or 888-233-9527
\$145 S/D "PEC Labor and Delivery"

**Lunch Provided at All PEC Conferences
Parking Fees (if any) Are the Responsibility
of the Participant...**

PROGRAM LOCATION: If location change becomes necessary, registered conference participants will be notified. **HOTEL RESERVATIONS:** For PEC discount rate listed above, reservation must be made 30 or more days prior to conference, as space remains available. **PROFESSIONAL EDUCATION CENTER** is dedicated to providing education you can use - education that makes a difference! **JOIN THE CROWD:** Our attendees represent the best and most prestigious medical care facilities including: Johns Hopkins, Mayo Clinics/Hospitals, Brigham and Women's Hospital, University of Illinois, Parkland, Kaiser Foundation Hospitals, Cedars-Sinai, Good Samaritan Hospitals, University of California Medical Centers, Beth-Israel, Columbia Hospitals, Baylor University Hospitals, Massachusetts General, Cleveland Clinic, and 100's of others. **The opportunity to share experiences and network with your peers is just one more reason to choose Professional Education Center for your CE needs. Neither program planners or presenters have any commercial conflict of interest.**