

CE Western Caribbean Cruise

OB Nursing Cruise & Learn 2018

*Maximizing both
Education and Vacation
Earn Nursing CE Credits
Potential for 20.5 Hours*

April 28 - May 5, 2018
7 Night *Harmony of the Seas*
Western Caribbean Cruise

Elizabeth Miller, RN, BSN, MS, CDE
Cindy Parke, RNC, CNM, MSN
Pamela Noonan, MS, BSN, RNC-OB,
C-EFM, C-MNN



Professional Education Center

www.proedcenter.com

P.O. Box 7447 Chico, California 95927-7447
800-732-2387

Cruise Educators and Planning Committee



Liz Miller, RN, BSN, MSN, CDE

Liz has both personal and professional experience in the realm of Diabetes. She is a Diabetes nurse educator, with 29 years of nursing experience. She has extensive experience as a program coordinator, and in program development/implementation specifically, in diabetes in pregnancy. She is a member of the American Association of Diabetes Educator (AADE), she serves on the Board of Directors for Sweet Success Extension Program (SSEP), and is a member of the Pregnancy/Reproductive Health Specialty Practice Group. Liz is a national educator, author, and Zumba instructor. Liz and family are experienced cruisers and they have wanted to get on board the Harmony of the Seas!



Cindy Parke, RNC, CNM, MSN

Cindy is the Director of Professional Education Center (PEC) and is collaborating in this event as both one of the educators and conference organizers. This Educator and Author has 40 years of clinical experience as both a nurse and a nurse-midwife. Cindy brings her life time passion for obstetrics to you! Teaching is second nature to her; however, she is a rather novice cruiser, but has learned to love that too! The concept of a Cruise with education is the PEC idea of Education at a Vacation Destination!!



Pamela Noonan, MS, BSN, RNC-OB, C-EFM, RNC-MNN

Pam is a Perinatal Nurse Clinician for Children's services at a large health care network that serves north GA. She has 40 years of perinatal nursing experience. She is a clinical educator, developing and implementing competencies for ongoing professional development, and administrates a perinatal nurse residency program. Pam was awarded the 2014 GA March of Dimes Nurse of the Year, in the Women's Health category. She is Newsletter Ed. and New Member Coordinator for AWHONN's GA chapter. Pam is both an AWHONN EFM and NRP instructor. With regards to cruise experience, Pam is also a novice on this cruise number 2!



Patricia C. Pitts, RNC-OB, NRP Instructor

Pat is a Clinician, Educator, and Travel Agent/Vacation Planner with Majestic Vacations International. This OB Nursing Cruise & Learn opportunity is under her creative organization. Pat combines her love and expertise of OB nursing with her excitement and knowledge of travel. She will coordinate the optional NRP Live Instructor Event and be available for travel related questions.

CRUISE HIGHLIGHTS:

- **Saturday, April 28:** Depart Fort Lauderdale
- **Sunday at sea:**
**Lecture: 8AM- 1PM Choose Workshop:
Labor & Delivery or Maternal Newborn**
- **Monday:** Docked Labadee, Haiti 8AM-4:30PM
Dinner discussion
- **Tuesday:** Falmouth, Jamaica 10AM- 7PM
Breakfast Q&A
- **Wednesday at sea:**
**Lecture: 7:30AM - 3:30 PM or
8AM- 1PM Choose Workshop: AWHONN
FM or Maternal Hypertensive Disorders**
- **Thursday:** Cozumel, Mexico 8AM - 7PM
Dinner discussion
- **Friday at sea:**
Lecture: 8AM - 1 PM Choose Workshop:
- **Saturday, May 5:** Return to Fort Lauderdale

PROGRAM OBJECTIVES

At the conclusion of this program the participant will be able to:

- **Discuss preconception assessment and counseling to minimize maternal and fetal complications in pregnancy for women with preexisting obesity and/or diabetes.**
- **Understand the treatment modalities in the different types of Diabetes in relation to pregnancy care.**
- **Recognize the relationship between uterine activity and fetal acid-base balance; as well as, the nurse's role in management of uterine activity.**
- **Identify the new definitions of Hypertensive disorders in pregnancy.**
- **Review assessment and management strategies for Gestational Hypertension utilizing the CMQCC Guidelines.**
- **Describe the care of women and newborns with a pregnancy affected by Diabetes: glucose control, breast feeding, and continued care: medications, dietary counseling, and exercise.**
- **Review the normal clotting cascade and the physiologic changes of pregnancy to this system.**
- **Identify risk, assessment parameters, treatments, and complications of clotting disorders in pregnancy, birth and postpartum.**
- **Demonstrate mastery of the NRP guideline procedures for care of the depressed newborn at birth.**
- **Master the concepts of the AWHONN Fetal Monitoring program.**

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CRUISE CONFERENCE SCHEDULE

Sunday, April 29: 8:00A - 1:00P

7:30 Check In

8:00 Workshop #1: DIABETES IN PREGNANCY

- Overview/Preconception Care
- Maternal and fetal complications
- Therapeutic treatment modalities: Education/ Glucose Testing/Medications/Insulin/Insulin Pumps
- Medical Nutrition Therapy (MNT)

OR

8:00 Workshop #2 UTERINE ACTIVITY MATTERS!

- Revisit normal labor physiology
- Induction: The potential for Iatrogenic confusion?
- Spinning Babies and BirthTools: Resources for support in labor.
- What is normal labor progress: Implementation into safest practice.

Wednesday, May 2: 7:30-3:30 or 8:00-1:00

7:15 Check In

7:30 -3:30 Workshop #1 AWHONN Advanced FM***

Lunch: 11:30 - 12:30

*****To participate in the AWHONN Fetal Monitoring program you must:**

1. Register for the May 2 class option
2. Purchase Student Materials and bring them with you

Go to <https://awhonn.kendallhunt.com>

Select "I am an AWHONN Course Participant"

Workshop ID: Date: 5/2/2018

Order Item #

Advanced Fetal Monitoring Course: Student Materials (Approximate cost \$90 with 8 CE hrs.)

OR

8:00 GESTATIONAL HYPERTENSION

- Definitions, Recognition, and Diagnostic Criteria
- Nursing care components: Assessment, Communication, Medications, Patient Education & Documentation
- Complications
- Case Studies

Friday, May 4: 8:00A - 1:00P

7:30 Check In

8:00 Workshop #1 DIABETES POSTPARTUM/NB

- Postpartum education and recommendations
- Infant Complications
- Breastfeeding
- Dance for the health of it

OR

8:00 Workshop #2 CLOTTING COMPLICATIONS

- Thrombophilias: Risks, Assessment, Care
- Thrombophlebitis: Risks, Assessment, Care
- DIC: Diagnosis and Care
- AFE: Awareness and Recognition

Optional NRP Checkoff schedule with Pat. **

**To participate in the NRP Checkoff program you must complete work prior to the cruise, and complete #1-3 below

1. Access website: Neonatal Resuscitation Program
2. Complete modules and online test, Utilizing the new 7th Edition Text (11 CE hrs earned from AAP). See the AAP website for further information.
3. Contact Pat for a check off time. Will need to submit printed certificate of completion before Cruise.

Adjunct Learning Opportunities (0.5 CEUs each)

Saturday April 28: Welcome Reception
meet your speakers

Monday April 30: Dinner discussions

Tuesday, May 1: AM Q&A 7:30A

Thursday, May 3: Dinner discussion: Q&A

CANCELLATION

Cancellation policy for Cruise Conferences follows the guidelines of Royal Caribbean Cruises. Please see their website for complete details. Refunds are based on both the time the cruise was booked, and the amount of days prior to the cruise that the cancellation occurs. This includes "No refund except for taxes and fees if cancelled 14 Days or less prior to the cruise date." It is important that in the event of a cancellation, that you contact Pat or the cruise line immediately to mediate cancellation penalties.

Cancellation of PEC Seminar registration is separate, notify PEC. PEC cancellation policy: Up to 14 days before the program choose: Registration fee refund minus \$50 administrative fee or full value credit letter. Cancellation within 7 days: No monetary refund. Send a substitute or request a credit letter (minus \$50 administrative fee) which will allow you to apply fees to a future PEC program of your choice.

CE tuition, travel/meal expenses are tax deductible.

Consult your tax advisor for details about cruise specific deductions.

You may photocopy this form for additional registrants

REGISTRATION: OB Nursing Cruise & Learn 2018

NAME _____

License# _____

MD DO CNM RN LPN/VN Other

HOME Address _____

City _____ State _____ Zip _____

Day Phone (____) _____

E-mail address: _____



Card #'s _____ Exp. _____

EASY REGISTRATION:

Register on-line

@ www.proedcenter.com

Call 800-732-2387 Today With
Any Major Credit Card

24 Hour Registration:

FAX 530-343-3575

OR

Mail Your Registration To:

PEC

P.O. Box 7447

Chico, CA 95927-7447

REGISTRATION OPTIONS: Check Boxes on Left

CORE CONFERENCE AND OPTIONS:

Check all that apply

CORE CONFERENCE: April 29 AM, May 2, May 4

Choose seminar for April 29, 8A- 1P

Diabetes in Pregnancy

Uterine Activity: It matters!

Choose seminar for May 2

AWHONN FM

Gestational Hypertension

Choose Seminar for May 4, 8A-1P

Diabetes in Pregnancy Postpartum/Newborn

Clotting complications: Thrombophilias,
Thrombophlebitis, and DIC

Conference Amenities...

PEC Seminars Include: Printed Syllabus

NRP Check-off requires pre-conference
purchase/testing/certificate submission

AWHONN Advanced Fetal Monitoring
requires pre-cruise purchase of materials/
Bring materials to the cruise/
post-cruise testing

Confirmation sent by email for each registrant.

**If you did not receive confirmation or are
registering within 14 days of program -
Please call to confirm space availability.

PROGRAM FEES :

CHECKOUT:

CORE CONFERENCE (\$300) \$ _300_____

OPTIONAL NRP CHECK-OFF (No additional fees due to PEC; You pay AAP) \$ _0_____

OPTIONAL AWHONN Advanced Fetal Monitoring (No additional fees due to PEC:
Your pay AWHONN and bring materials to the cruise) \$ _0_____

TOTAL DUE: \$ _300_____

Check Payable to: Professional Education Center (PEC): Mail to PEC/PO Box 7447/Chico, CA 95927-7447



WHO SHOULD ATTEND?
All Maternity Nurses

**ALL Those Interested in Cruising
with Continuing Education as a
Bonus!**

www.proedcenter.com
www.majestic1vacationsint.com

PLEASE POST - THANK YOU!

CE CREDITS: Potential 16.5 Hrs CEUs for on board courses provided by PEC. PEC is a provider approved by the California Board of Registered Nursing, Provider # 9890. Florida FBN #2219 for potential 15 Contact Hours. This program meets Texas Type I criteria. Will apply for credits from Commission on Dietetic Registrion for CDE renewal hours. Optional additional CE Credits from AWHONN and AAP, details inside. Neither program planners nor presenters have any commercial conflict of interest.

CRUISE & LEARN INFORMATION

**7-Night Royal Caribbean Western Caribbean Cruise from Ft. Lauderdale, FL
On board the Magnificent *Harmony Of The Seas*
Port stops in Labadee, Haiti; Falmouth, Jamaica; and Cozumel, Mexico
April 28 - May 5, 2018**

**A \$250.00 Deposit per person / \$500.00 per Cabin is required on ALL Cabins. All Cabins are Double Occupancy.
Monthly payments quoted is after the deposit & based on the remaining months:
Large Interior Stateroom: \$932.01 per person/ \$100..00 per month
Ocean View Stateroom: \$1,052.01 per person/ \$150.00 per month
Superior Ocean View with Balcony: \$1,252.01 per person/ \$175.00 per month.
Gratuity: \$94.50 per person for the week. (Can be pre paid or paid on board).
Final Payment Deadline January 20th 2018**

Visit www.majestic1vacationsint.com for cruise info & pictures

To make your reservations for the cruise:

Call Patricia Pitts @ 678-570-0820

email: babyfriendlyrn@bellsouth.net or message me from the website.

Join our OB Nurses Cruise & Learn 2018 Group on Facebook for updates & information

IMPORTANT NOTE: Book your Education and Cruise separately. Education first, please.

Education registration through the PEC website: www.proedcenter.com

**All course participants, their families, and guests must book their cruise through
Majestic 1 Vacations International. Email Pat: babyfriendlyrn@bellsouth.net**