



Professional Education Center

P.O. Box 7447  
Chico, California 95927-7447

PLEASE POST - THANK YOU!

## Maternal-Newborn

RNC Exam Prep - Update - Review  
NCC Maternal Newborn Nursing  
Paper-Pencil Exam option on site!

The answer to OB cross training!  
Comprehensive Systems Review  
AP - IP - PP - NSY (Level I & Level II)  
Physiology Based Teaching Styles  
Test Taking Skills Review

**RNC EXAM INFORMATION CONTACT-DETAILS:**  
\*NCC Exam registration must be done separately with NCC and is \$275.  
NCC requires the registration be at least 21 days prior to exam date.  
Direct NCC Registration Instructions Inside  
OR use the tab on the proedcenter.com website homepage.

There is also a \$25 non-refundable Test Administration Fee due to PEC if taking exam on-site.

We recommend some review prior to the seminar.

CE CREDIT: Nurses: BRN - 24 Hours CE Credit (8/day); Pharmacology credits: 4 Hours.

Professional Education Center is approved as a provider of continuing nursing education by the California Board of Registered Nursing, Provider #9890 and Florida FBN #2219 (FL: CE Credit 21.75 Hours: 7.25/day). Pharmacology credits: 4 Hours  
Neither program planners nor presenters have any commercial conflict of interest.

### 2019 SEMINAR & LODGING LOCATIONS

A limited number of rooms at a preferred rate, have been arranged with the following hotel per site.

Call, (use code if stated) or use the direct website link (on our website) to make a reservation.

Be sure to reserve at least 30 days ahead to get a room and get the special discounted rate.

DATES FOR THREE DAY SEMINAR: 2 DAYS MATERNAL/1 DAY NEWBORN. OPTIONAL NCC TEST DATE (\*)

#### FORT WORTH, TX - JANUARY 28-30 (\* 31)

##### SEMINAR & LODGING SITE:

Courtyard Fort Worth Historic Stockyards  
2537 North Main Street, Fort Worth, TX 76164  
Phone: 817-624-1112 \$169 PEC Conferences

#### FALLS CHURCH, VA - MARCH 13-15 (\*16)

##### HOST: Inova Health System

##### SEMINAR SITE: Physicians Conference Center

3300 Gallows Road, Falls Church, VA 22042

##### LODGING: Hilton Garden Inn Falls Church

706 W Broad St, Falls Church, VA 22046

Phone: (703) 237-8700 \$169 PEC - MNB

#### WHITE PLAINS, NY - APRIL 1-3 (\*4)

##### HOST: White Plains Hospital

##### SEMINAR SITE: White Plains Hospital

41 E. Post Road: White Plains, NY 10601

##### LODGING: Crowne Plaza Hotel

66 Hale Ave, White Plains, NY 10601

Phone: (914) 682-0050 \$155 PEC MNB/NICU

#### ST. LOUIS, MO - SEPTEMBER 23-25 (\*26)

##### HOST: SSM Health

##### SEMINAR SITE: St. Marys Hospital Kohler Auditorium

6420 Clayton Rd. St. Louis, MO 63117

##### LODGING: SpringHill Suites St. Louis Brentwood

1231 Strassner Dr, Brentwood, MO 63144

Phone: 888-287-9400 or 314-647-8400 \$159 PEC-MNB

#### RENO, NV - OCTOBER 7-9 (\*10)

##### SEMINAR & LODGING SITE:

##### Whitney Peak Hotel

255 N Virginia St,

Reno, NV 89501

Phone: (775) 398-5400 \$114/\$159 PECMNB

PROFESSIONAL EDUCATION CENTER is dedicated to bringing you the most respected speakers, and providing education that is clinically essential. Education that you will use every day - Education that makes a difference! The opportunity to share experiences and network with your peers is just one more reason to choose Professional Education Center for your CE programs!

Maternal-Newborn  
Level I & II NSY  
RNC Exam Preparation

Want your RNC?  
\*NCC CORE EXAM On-site options  
following course for  
Maternal-Newborn or Low Risk Neonatal Exams

# Maternal & Newborn Review

## #1 For Cross Training in OB

Co-Presented by:

Cindy Parke, RNC, CNM, MSN  
Tracy Karp, RNC, MS, NNP

### 2019

#### FORT WORTH, TEXAS

JANUARY 28-30 (\* 31)

##### SEMINAR & LODGING SITE:

Courtyard Fort Worth Stockyards  
2537 North Main Street  
Fort Worth, TX 76164

#### FALLS CHURCH, VIRGINIA

MARCH 13-15 (\*16)

##### HOST: Inova Health System

##### SEMINAR SITE:

Physicians Conference Center

3300 Gallows Road

Falls Church, VA 22042

#### WHITE PLAINS, NEW YORK

APRIL 1-3 (\*4)

##### HOST: White Plains Hospital

##### SEMINAR SITE: White Plains Hospital

41 E. Post Road

White Plains, NY 10601

#### ST. LOUIS, MISSOURI

SEPTEMBER 23-25 (\*26)

##### HOST: SSM Health

##### SEMINAR SITE:

St. Marys Hospital Kohler Auditorium

6420 Clayton Road

St. Louis, MO 63117

#### RENO, NEVADA

OCTOBER 7-9 (\*10)

##### SEMINAR & LODGING SITE:

Whitney Peak Hotel

255 N Virginia St,

Reno, NV 89501



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P.O. Box 7447 Chico, CA 95927-7447

800-732-2387

[www.proedcenter.com](http://www.proedcenter.com)

## MEET YOUR SPEAKERS...



### Cindy Parke, RNC, CNM, MSN

Certified Nurse Midwife, Educator, and Clinician; Cindy has taught essentials of women's health, pregnancy, and childbirth topics to nurses nationwide. An active member of the ACNM, AWHONN, Sigma Theta Tau, and the International Cesarean Awareness Network, Cindy's focus is on comprehensive assessment and care; antepartum thru postpartum. Cindy teaches from a physiology base, helping you put all the pieces together for your clinical practice and testing. Logical and thorough. Recognizing the risks, choosing appropriate interventions, responding to the clinical findings - this program presents a focused overview of maternal care.



### Tracy Karp, RNC, MS, NNP

Author, Educator, Researcher, and Clinician: Tracy Karp has 34 years of experience in neonatal nursing. He is currently the Chief of Advanced Practice Clinicians at Intermountain Healthcare's Primary Children's Medical Center. Tracy continues to practice as a neonatal Nurse Practitioner in various clinical settings including Level II & III NICUs. He is also on clinical faculty at the University of Utah College of Nursing in Salt Lake City. He has presented at various conventions; served on multiple state, regional, and national neonatal committees, and has authored or co-authored numerous textbook chapters and articles. Tracy has a relaxed teaching style utilizing audience knowledge in a technique that has proven to be engaging and a great tool for retention.

## WHAT PEOPLE SAY...

"The INFORMATION was GREAT and such a good review for the test! Cindy and Tracy were both wonderful presenters and so very helpful to work with!!"

"EXCELLENT course -speaker and content! Cindy is terrific, compassionate and facilitates communication!"

"What a GREAT instructor! Tracy is phenomenal with his background, knowledge and clinical expertise!"

"Instructors were both very ENGAGING. Thank you for your time"

"What an INCREDIBLE three days! Great review, update and best of all - I PASSED! Thank you Cindy & Tracy!"

### PROGRAM AMENITIES

All PEC programs provide a basic continental breakfast, lunch, and afternoon sodas. A comprehensive training manual is provided for each participant. **Breakfast is also provided the morning of the exam. Classroom style seating (table/chair) is the preferred PEC room set-up.**

### CONTINUING EDUCATION CREDITS

This program has been designed to meet the Board of Nursing CE requirements for license renewal in all 50 states. Professional Education Center (PEC) is a provider approved by the California Board of Registered Nursing, Provider #9890, Nurses BRN: 24 Hours CE Credit (8/day); Pharmacology credits: 4 hours. Florida FBN #2219 for 21.75 Hours: 7.25/day. **CE Certificate is issued at program conclusion.**

## WHO SHOULD ATTEND:

- AP - IP - PP and Level I or II Neonatal Nurses
  - Mother-Baby and LDRP Nurses
  - Maternal and Newborn Clinical Specialists
  - Nurses Needing a Review, Orientation, or Cross-Training in Maternal Newborn Care
  - Nurses planning to take the Maternal Newborn or Low Risk Newborn RNC exam
  - Nurses needing RNC recertification credits
- Fast paced, comprehensive and intense review of physiology, pathophysiology, signs/symptoms, diagnosis, treatment and prognosis of mother and the low-risk newborn. This program will refresh your knowledge base, improve your assessment skills for clinical practice and assist you as a caregiver. It is also an excellent prep for the RNC exams with content to compliment exam outlines and a review of test taking skills.**

## PROGRAM OBJECTIVES:

### Through Lecture and Discussion This Program Will:

- Describe maternal, fetal, and neonatal physiology, norms and expected outcomes from the antepartum to the postpartum period, determining potential risk factors affecting outcomes.
- Review maternal history and physical findings to determine potential risk factors affecting maternal, fetal and neonatal outcomes.
- Identify normal and abnormal findings through physiology review, physical assessment, laboratory values and common screening tools.
- Describe components for neonatal transition, assessment and systems review.
- Describe common problems and complications in the antepartum, intrapartum, postpartum, and transitional time periods, for both the mother and infant.
- Identify the at risk mother, fetus and newborn based upon multiple facets of information available to the care provider.
- Discuss elements of lactation, nutrition, and breastfeeding.
- Describe components of education and support for maternal, newborn, and family care.
- Discuss role adaptation, nursing care and family dynamics relative to maternal and newborn norms, deviations and needs.
- Identify Test Taking Skills and barriers to testing success.

### GUARANTEE - CANCELLATION - TAXES

**GUARANTEE:** If you are not satisfied with the content and presentation of this program, notify the registrar by 12 noon on 1st day of attendance for refund of registration fees. **CANCELLATIONS:** Up to 7 days before the program choose: Registration fee refund minus \$25 per day administrative fee or full value credit letter. **Cancellation within 7 days:** No monetary refund. Send a substitute or request a credit letter (minus \$25/day administrative fee) which will allow you to apply fees to a future program of your choice. If program cannot be held due to circumstances beyond our control (natural disaster, strike, etc.) the seminar will be rescheduled if possible. Registrants may choose free admission to the rescheduled program, or credit voucher good for any future PEC program, no cash refund. PEC reserves the right to substitute qualified speaker(s) in response to emergency circumstances beyond our control. **CE tuition, travel/meal expenses are tax deductible.** Consult your tax advisor for details.

## Maternal & Newborn Review Comprehensive Assessment & Care...

### DAY ONE - Maternal

7:30am *Check In with Basic Continental Breakfast*

8:00am **MATERNAL MORTALITY UPDATE**

**ANTEPARTUM:** Maternal Physiology Changes in Pregnancy - Assessment - History - Physical - Lab Values - BMI/Obesity issues/Weight Gain - G/TPALM - EDC - TORCH CLAP- Substance Abuse - Blood Disorders  
**Risks & Complications:** Size-Date Discrepancy LGA - SGA - IUGR - Poly & Oligohydramnios -Multiples - GBS Prophylaxis - Fetal Cord Gases

**POSTPARTUM: HEALTH & PHYSIOLOGY**

Lab Values - Physiologic Adaptations - Health Assessment - Medications - Care - Danger Signs

**POSTPARTUM: COMMON PROBLEMS**

Bladder - Hemorrhoids - Pain - Engorgement  
Constipation - Fatigue - Postpartum Anxiety/Depression - Grief - **Family Dynamics:** Role Transition - Adaptation  
**EDUCATION:** Self & Infant Care - Discharge Instructions  
Contraception

**BREASTFEEDING:** Physiology - Education - Issues

**PROFESSIONAL - LEGAL - ETHICAL ISSUES**

4:30 pm Adjourn. Homework (optional) assignment

### DAY TWO - Maternal

7:30am *Check In with Basic Continental Breakfast*

8:00am **HOMEWORK REVIEW**

**FETAL ASSESSMENT:** Brief overview of 1st - 2nd Trimester Screening - Genetics - Amniocentesis - Ultra sound - NST - BPP

**INTRAPARTUM: Maternal-Fetal Health vs Risk**

Cord Gasses - Rx in Labor - Labor Complications

**COMPLICATIONS OF PEUPERIUM:**

Placenta physiology/pathology - Bleeding in Pregnancy  
PPH - Uterine Rupture - Hematoma - DIC - Gestational Hypertension - GI Disease, Cardiac, Respiratory, Renal, & Endocrine Disorders - Infection - Thrombophlebitis  
Diabetes/GDM - Premature Labor

4:00 pm **TEST REVIEW**

4:30 pm Adjourn

### DAY THREE - Newborn

7:30am *Check In with Basic Continental Breakfast*

8:00am **NEWBORN: Assessment & Management**

Clinical Findings & Laboratory - Diagnostic Data

Gestational Age - Thermoregulation - Developmental

**SYSTEMS REVIEW: Normal & Abnormal Findings**

Physiology - Assessment - Complications & Variations

Cardiac - Respiratory - GI - Integumentary

Musculoskeletal - Head: EENT - Hematopoietic

Neurologic - Immune - Endocrine - GU

**GENETICS: Patterns of Inheritance**

Common Abnormalities & Defects

**RECOGNIZING EARLY PROBLEMS:**

Hyperbilirubinemia - Maternal Substance Abuse

**GENERAL MANAGEMENT**

Resuscitation & Stabilization

**NEONATAL NUTRITION:** Feeding & Lactation

**PHARMACOLOGY - Pain Assessment & Management**

**Family Integration:** Discharge Planning/Home Care

4:30 pm Adjourn

## Registration 2019 Maternal Newborn

NAME \_\_\_\_\_  
License# \_\_\_\_\_  RN  APN  CNM  Other  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Phone (\_\_\_\_) \_\_\_\_\_

Email \_\_\_\_\_

Check Payable to: Professional Education Center (PEC)

VISA  MasterCard  DISCOVER  AMERICAN EXPRESS

Card #'s \_\_\_\_\_ Exp. \_\_\_\_\_

Security Code \_\_\_\_\_

PROGRAM FEES	3 Day Seminar	Daily Attendance
___ Individual <input type="checkbox"/>	\$549 <input type="checkbox"/>	\$279 per day <input type="checkbox"/>
___ Group 4** <input type="checkbox"/>	\$539 each <input type="checkbox"/>	\$269 each/day <input type="checkbox"/>
___ Group 8+** <input type="checkbox"/>	\$529 each <input type="checkbox"/>	\$259 each/day <input type="checkbox"/>

I am taking the on site exam \$25 NR fee due PEC

\*\*Groups MUST pre-register & pre-pay TOGETHER to qualify as a group. Group Rates are "pre-paid" and are not available at the door.

At The Door Payment or Registration: \$579/Course or \$309/day

I will attend checked days NCC exam day (\*)

Fort Worth, TX	<input type="checkbox"/> 1/28	<input type="checkbox"/> 1/29	<input type="checkbox"/> 1/30/19	(*1/31)
Falls Church, VA	<input type="checkbox"/> 3/13	<input type="checkbox"/> 3/14	<input type="checkbox"/> 3/15/19	(*3/16)
White Plains, NY	<input type="checkbox"/> 4/1	<input type="checkbox"/> 4/2	<input type="checkbox"/> 4/3/19	(*4/4)
St. Louis, MO	<input type="checkbox"/> 9/23	<input type="checkbox"/> 9/24	<input type="checkbox"/> 9/25/19	(*9/26)
Reno, NV	<input type="checkbox"/> 10/7	<input type="checkbox"/> 10/8	<input type="checkbox"/> 10/9/19	(*10/10)

I prefer a vegetarian lunch (*Must indicate with registration*)

**Recommended Home Study Text Units (Optional)**

Prices listed on the website; may order with a conference discount

*Perinatal Nursing 4th Ed. w/ 21 Hour CE Hours*

*Physical Assessment of the Newborn w/12 Hour CE Hours*

*Quick Reference ... Lactation w/10 CE Hours*

**Limited quantities of these texts will be available at conference.**

**EASY COURSE REGISTRATION:**

**Online at: [www.proedcenter.com](http://www.proedcenter.com)**

**Call: 800-732-2387 9am-3:30pm M-F (PST)**

**Register at anytime! FAX - 530-343-3575**

**OR**

**Mail Your Registration To:**

**P.O. Box 7447**

**Chico, CA 95927-7447**

\*The NCC exams are separate (\$275) from and have no affiliation with this course. It is PEC's goal to support higher standards of continuing education and to assist nurse's seeking certification, thus PEC has established the option for PEC MNB course attendees to sit the NCC Maternal Newborn Nursing exam. NCC sends an admission letter following receipt/approval of exam application. Contact NCC if you have applied and have not received your admission to exam letter. Testing site inclusion does not constitute NCC endorsement of course, course content, or materials provided. NCC and PEC are not affiliated organizations. A collaborative effort has provided an educational (PEC) and testing (NCC) opportunity to clinicians nationwide. PEC has no authority to approve, disapprove or vary any requirement for qualifying for or taking any NCC exam. **Registration for the on-site NCC exam following attendance at the course is separate, we suggest registering using the tab on our website. Please note there is a \$25 NR test administration fee due PEC for the onsite exam. Must register with NCC at least 21 days prior to exam date.**