

RNC Exam Preparation: Maternal-Newborn Level I & II NSY

Want your RNC?
*NCC CORE EXAM On-site options
following course for
Maternal-Newborn or Low Risk Neonatal Exams

Maternal & Newborn Review

#1 For Cross Training in OB

Co-Presented by:

Cindy Parke, RNC, CNM, MSN

Tracy Karp, RNC, MS, NNP

2019

FORT WORTH, TEXAS

JANUARY 28-30 (* 31)

SEMINAR & LODGING SITE:

**Courtyard Fort Worth Stockyards
2537 North Main Street
Fort Worth, TX 76164**

FALLS CHURCH, VIRGINIA

MARCH 13-15 (*16)

HOST: Inova Health System

SEMINAR SITE:

**Physicians Conference Center
3300 Gallows Road
Falls Church, VA 22042**

WHITE PLAINS, NEW YORK

APRIL 1-3 (*4)

HOST: White Plains Hospital

SEMINAR SITE: White Plains Hospital

41 E. Post Road

White Plains, NY 10601

ST. LOUIS, MISSOURI

SEPTEMBER 23-25 (*26)

HOST: SSM Health

SEMINAR SITE:

**St. Marys Hospital Kohler Auditorium
6420 Clayton Road
St. Louis, MO 63117**

RENO, NEVADA

OCTOBER 7-9 (*10)

SEMINAR & LODGING SITE:

**Whitney Peak Hotel
255 N Virginia St,
Reno, NV 89501**



Professional Education Center

P.O. Box 7447 Chico, CA 95927-7447

800-732-2387

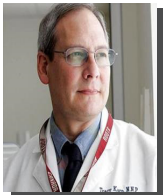
www.proedcenter.com

MEET YOUR SPEAKERS...



Cindy Parke, RNC, CNM, MSN

Certified Nurse Midwife, Educator, and Clinician; Cindy has taught essentials of women's health, pregnancy, and childbirth topics to nurses nationwide. An active member of the ACNM, AWHONN, Sigma Theta Tau, and the International Cesarean Awareness Network, Cindy's focus is on comprehensive assessment and care; antepartum thru postpartum. Cindy teaches from a physiology base, helping you put all the pieces together for your clinical practice and testing. Logical and thorough. Recognizing the risks, choosing appropriate interventions, responding to the clinical findings - this program presents a focused overview of maternal care.



Tracy Karp, RNC, MS, NNP

Author, Educator, Researcher, and Clinician: Tracy Karp has 34 years of experience in neonatal nursing. He is currently the Chief of Advanced Practice Clinicians at Intermountain Healthcare's Primary Children's Medical Center. Tracy continues to practice as a neonatal Nurse Practitioner in various clinical settings including Level II & III NICUs. He is also on clinical faculty at the University of Utah College of Nursing in Salt Lake City. He has presented at various conventions; served on multiple state, regional, and national neonatal committees, and has authored or co-authored numerous textbook chapters and articles. Tracy has a relaxed teaching style utilizing audience knowledge in a technique that has proven to be engaging and a great tool for retention.

WHAT PEOPLE SAY...

"The INFORMATION was GREAT and such a good review for the test! Cindy and Tracy were both wonderful presenters and so very helpful to work with!!"

"EXCELLENT course -speaker and content! Cindy is terrific, compassionate and facilitates communication!"

"What a GREAT instructor! Tracy is phenomenal with his background, knowledge and clinical expertise!"

"Instructors were both very ENGAGING. Thank you for your time"

"What an INCREDIBLE three days! Great review, update and best of all - I PASSED! Thank you Cindy & Tracy!"

PROGRAM AMENITIES

All PEC programs provide a basic continental breakfast, lunch, and afternoon sodas. A comprehensive training manual is provided for each participant. **Breakfast is also provided the morning of the exam. Classroom style seating (table/chair) is the preferred PEC room set-up.**

CONTINUING EDUCATION CREDITS

This program has been designed to meet the Board of Nursing CE requirements for license renewal in all 50 states. Professional Education Center (PEC) is a provider approved by the California Board of Registered Nursing, Provider #9890, Nurses BRN: 24 Hours CE Credit (8/day); Pharmacology credits: 4 hours. Florida FBN #2219 for 21.75 Hours: 7.25/day.

CE Certificate is issued at program conclusion.

WHO SHOULD ATTEND:

- **AP - IP - PP and Level I or II Neonatal Nurses**
- **Mother-Baby and LDRP Nurses**
- **Maternal and Newborn Clinical Specialists**
- **Nurses Needing a Review, Orientation, or Cross-Training in Maternal Newborn Care**
- **Nurses planning to take the Maternal Newborn or Low Risk Newborn RNC exam**
- **Nurses needing RNC recertification credits**

Fast paced, comprehensive and intense review of physiology, pathophysiology, signs/symptoms, diagnosis, treatment and prognosis of mother and the low-risk newborn. This program will refresh your knowledge base, improve your assessment skills for clinical practice and assist you as a caregiver. It is also an excellent prep for the RNC exams with content to compliment exam outlines and a review of test taking skills.

PROGRAM OBJECTIVES:

Through Lecture and Discussion This Program Will:

- Describe maternal, fetal, and neonatal physiology, norms and expected outcomes from the antepartum to the postpartum period, determining potential risk factors affecting outcomes.
- Review maternal history and physical findings to determine potential risk factors affecting maternal, fetal and neonatal outcomes.
- Identify normal and abnormal findings through physiology review, physical assessment, laboratory values and common screening tools.
- Describe components for neonatal transition, assessment and systems review.
- Describe common problems and complications in the antepartum, intrapartum, postpartum, and transitional time periods, for both the mother and infant.
- Identify the at risk mother, fetus and newborn based upon multiple facets of information available to the care provider.
- Discuss elements of lactation, nutrition, and breastfeeding.
- Describe components of education and support for maternal, newborn, and family care.
- Discuss role adaptation, nursing care and family dynamics relative to maternal and newborn norms, deviations and needs.
- Identify Test Taking Skills and barriers to testing success.

GUARANTEE - CANCELLATION - TAXES

GUARANTEE: If you are not satisfied with the content and presentation of this program, notify the registrar by 12 noon on 1st day of attendance for refund of registration fees.

CANCELLATIONS: Up to 7 days before the program choose: Registration fee refund minus \$25 per day administrative fee or full value credit letter.

Cancellation within 7 days: No monetary refund. Send a substitute or request a credit letter (minus \$25/day administrative fee) which will allow you to apply fees to a future program of your choice. If program cannot be held due to circumstances beyond our control (natural disaster, strike, etc.) the seminar will be rescheduled if possible. Registrants may choose free admission to the rescheduled program, or credit voucher good for any future PEC program, no cash refund. PEC reserves the right to substitute qualified speaker(s) in response to emergency circumstances beyond our control. **CE tuition, travel/meal expenses are tax deductible.** Consult your tax advisor for details.

Maternal & Newborn Review

Comprehensive Assessment & Care...

DAY ONE - Maternal

7:30am *Check In with Basic Continental Breakfast*
 8:00am **MATERNAL MORTALITY UPDATE**
ANTEPARTUM: Maternal Physiology Changes in Pregnancy - Assessment - History - Physical - Lab Values - BMI/Obesity issues/Weight Gain - G/TPALM - EDC - TORCH CLAP- Substance Abuse - Blood Disorders
Risks & Complications: Size-Date Discrepancy LGA - SGA - IUGR - Poly & Oligohydramnios -Multiples - GBS Prophylaxis - Fetal Cord Gases
POSTPARTUM: HEALTH & PHYSIOLOGY
 Lab Values - Physiologic Adaptations - Health Assessment - Medications - Care - Danger Signs
POSTPARTUM: COMMON PROBLEMS
 Bladder - Hemorrhoids - Pain - Engorgement
 Constipation - Fatigue - Postpartum Anxiety/Depression - Grief - **Family Dynamics:** Role Transition - Adaptation
EDUCATION: Self & Infant Care - Discharge Instructions
 Contraception
BREASTFEEDING: Physiology - Education - Issues
PROFESSIONAL - LEGAL - ETHICAL ISSUES
 4:30 pm Adjourn. Homework (optional) assignment

DAY TWO - Maternal

7:30am *Check In with Basic Continental Breakfast*
 8:00am **HOMEWORK REVIEW**
FETAL ASSESSMENT: Brief overview of 1st - 2nd Trimester Screening - Genetics - Amniocentesis - Ultra sound - NST - BPP
INTRAPARTUM: Maternal-Fetal Health vs Risk
 Cord Gasses - Rx in Labor - Labor Complications
COMPLICATIONS OF PEUPERIUM:
 Placenta physiology/pathology - Bleeding in Pregnancy PPH - Uterine Rupture - Hematoma - DIC - Gesttional Hypertension - GI Disease, Cardiac, Respiratory, Renal, & Endocrine Disorders - Infection - Thrombophlebitis
 Diabetes/GDM - Premature Labor
 4:00 pm **TEST REVIEW**
 4:30 pm Adjourn





DAY THREE - Newborn

7:30am *Check In with Basic Continental Breakfast*
 8:00am **NEWBORN: Assessment & Management**
 Clinical Findings & Laboratory - Diagnostic Data
 Gestational Age - Thermoregulation - Developmental
SYSTEMS REVIEW: Normal & Abnormal Findings
 Physiology - Assessment - Complications & Variations
 Cardiac - Respiratory - GI - Integumentary
 Musculoskeletal - Head: EENT - Hematopoietic
 Neurologic - Immune - Endocrine - GU
GENETICS: Patterns of Inheritance
 Common Abnormalities & Defects
RECOGNIZING EARLY PROBLEMS:
 Hyperbilirubinemia - Maternal Substance Abuse
GENERAL MANAGEMENT
 Resuscitation & Stabilization
NEONATAL NUTRITION: Feeding & Lactation
PHARMACOLOGY - Pain Assessment & Management
Family Integration: Discharge Planning/Home Care
 4:30 pm Adjourn

Registration 2019 Maternal Newborn

NAME _____
 License# _____ RN APN CNM Other
 Address _____
 City _____ State _____ Zip _____
 Phone (____) _____

Email _____

Check Payable to: Professional Education Center (PEC)
    
 Card #'s _____ Exp. _____
 Security Code _____

PROGRAM FEES	3 Day Seminar	Daily Attendance
___ Individual <input type="checkbox"/>	\$549	<input type="checkbox"/> \$279 per day
___ Group 4** <input type="checkbox"/>	\$539 each	<input type="checkbox"/> \$269 each/day
___ Group 8+** <input type="checkbox"/>	\$529 each	<input type="checkbox"/> \$259 each/day

I am taking the on site exam \$25 NR fee due PEC

****Groups MUST pre-register & pre-pay TOGETHER to qualify as a group.**
 Group Rates are "pre-paid" and are not available at the door.
At The Door Payment or Registration: \$579/Course or \$309/day

I will attend checked days NCC exam day (*)

Fort Worth, TX	<input type="checkbox"/> 1/28	<input type="checkbox"/> 1/29	<input type="checkbox"/> 1/30/19	(*1/31)
Falls Church, VA	<input type="checkbox"/> 3/13	<input type="checkbox"/> 3/14	<input type="checkbox"/> 3/15/19	(*3/16)
White Plains, NY	<input type="checkbox"/> 4/1	<input type="checkbox"/> 4/2	<input type="checkbox"/> 4/3/19	(*4/4)
St. Louis, MO	<input type="checkbox"/> 9/23	<input type="checkbox"/> 9/24	<input type="checkbox"/> 9/25/19	(*9/26)
Reno, NV	<input type="checkbox"/> 10/7	<input type="checkbox"/> 10/8	<input type="checkbox"/> 10/9/19	(*10/10)

I prefer a vegetarian lunch (*Must indicate with registration*)

Recommended Home Study Text Units (Optional)
 Prices listed on the website; may order with a conference discount
Perinatal Nursing 4th Ed. w/ 21 Hour CE Hours
Physical Assessment of the Newborn w/12 Hour CE Hours
Quick Reference ... Lactation w/10 CE Hours
Limited quantities of these texts will be available at conference.

EASY COURSE REGISTRATION:
Online at: www.proedcenter.com
Call: 800-732-2387 9am-3:30pm M-F (PST)
Register at anytime! FAX - 530-343-3575

OR

Mail Your Registration To:
P.O. Box 7447
Chico, CA 95927-7447

*The NCC exams are separate (\$275) from and have no affiliation with this course. It is PEC's goal to support higher standards of continuing education and to assist nurse's seeking certification, thus PEC has established the option for PEC MNB course attendees to sit the NCC Maternal Newborn Nursing exam. NCC sends an admission letter following receipt/approval of exam application. Contact NCC if you have applied and have not received your admission to exam letter. Testing site inclusion does not constitute NCC endorsement of course, course content, or materials provided. NCC and PEC are not affiliated organizations. A collaborative effort has provided an educational (PEC) and testing (NCC) opportunity to clinicians nationwide. PEC has no authority to approve, disapprove or vary any requirement for qualifying for or taking any NCC exam. **Registration for the on-site NCC exam following attendance at the course is separate, we suggest registering using the tab on our website. Please note there is a \$25 NR test administration fee due PEC for the onsite exam. Must register with NCC at least 21 days prior to exam date.**



Professional Education Center

P.O. Box 7447
Chico, California 95927-7447

PLEASE POST - THANK YOU!

Maternal-Newborn

RNC Exam Prep - Update - Review
NCC Maternal Newborn Nursing
Paper-Pencil Exam option on site!

The answer to OB cross training!
Comprehensive Systems Review
AP - IP - PP - NSY (Level I & Level II)
Physiology Based Teaching Styles
Test Taking Skills Review

RNC EXAM INFORMATION CONTACT-DETAILS:

*NCC Exam registration must be done separately with NCC and is \$275.
NCC requires the registration be at least 21 days prior to exam date.

Direct NCC Registration Instructions Inside
OR use the tab on the proedcenter.com website homepage.

There is also a \$25 non-refundable Test Administration Fee due
to PEC if taking exam on-site.

We recommend some review prior to the seminar.

CE CREDIT: Nurses: BRN - 24 Hours CE Credit (8/day); Pharmacology credits: 4 Hours.

Professional Education Center is approved as a provider of continuing nursing education by the California Board of Registered Nursing, Provider #9890 and Florida FBN #2219 (FL: CE Credit 21.75 Hours: 7.25/day). Pharmacology credits: 4 Hours
Neither program planners nor presenters have any commercial conflict of interest.

2019 SEMINAR & LODGING LOCATIONS

A limited number of rooms at a preferred rate, have been arranged with the following hotel per site.

Call, (use code if stated) or use the direct website link (on our website) to make a reservation.

Be sure to reserve at least 30 days ahead to get a room and get the special discounted rate.

DATES FOR THREE DAY SEMINAR: 2 DAYS MATERNAL/1 DAY NEWBORN. OPTIONAL NCC TEST DATE (*)

FORT WORTH, TX - JANUARY 28-30 (* 31)

SEMINAR & LODGING SITE:

Courtyard Fort Worth Historic Stockyards
2537 North Main Street, Fort Worth, TX 76164
Phone: 817-624-1112 \$169 PEC Conferences

FALLS CHURCH, VA - MARCH 13-15 (*16)

HOST: Inova Health System

SEMINAR SITE: Physicians Conference Center

3300 Gallows Road, Falls Church, VA 22042

LODGING: Hilton Garden Inn Falls Church

706 W Broad St, Falls Church, VA 22046

Phone: (703) 237-8700 \$169 PEC - MNB

WHITE PLAINS, NY - APRIL 1-3 (*4)

HOST: White Plains Hospital

SEMINAR SITE: White Plains Hospital

41 E. Post Road: White Plains, NY 10601

LODGING: Crowne Plaza Hotel

66 Hale Ave, White Plains, NY 10601

Phone: (914) 682-0050 \$155 PEC MNB/NICU

ST. LOUIS, MO - SEPTEMBER 23-25 (*26)

HOST: SSM Health

SEMINAR SITE: St. Marys Hospital Kohler Auditorium
6420 Clayton Rd. St. Louis, MO 63117

LODGING: PEC continues to negotiate with nearby hotels
for a group rate

RENO, NV - OCTOBER 7-9 (*10)

SEMINAR & LODGING SITE:

Whitney Peak Hotel

255 N Virginia St,

Reno, NV 89501

Phone: (775) 398-5400 \$114/\$159 PECMNB

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the most respected speakers, and providing education that is clinically essential. Education that you will use every day -
Education that makes a difference! **The opportunity to share experiences and network with your peers is just one more reason
to choose Professional Education Center for your CE programs!**