

EFM Update/Review/Prep

EFM Certification
NCC Exam option on Site

EFM Review

Essential Concepts for EFM Certification and Credentialing

Foremost EFM Seminar for Exam
Preparation & Updates

Presented by

Rebecca Cypher, MSN, PNNP

2019 AWHONN President-Elect
Nationally Respected Expert in EFM

WHO SHOULD ATTEND -

L&D and LDRP Nurses

Advanced Practice Nurses

Midwives - Physicians - PA's

Update and Validate your Clinical Knowledge

REGISTER TODAY for this 2 DAY SEMINAR



Professional Education Center

www.proedcenter.com

P.O. Box 7447 Chico, California 95927-7447
800-732-2387



Rebecca Cypher, MSN, PNNP *Nationally Respected Expert in EFM*

Rebecca is a nationally respected leader and consultant in perinatal healthcare. She brings to the program over 30 years of military and civilian nursing experience with a career encompassing diverse professional roles, including direct patient care, management, education and research. She is nationally certified in Inpatient OB and EFM. An active member of AWHONN, she is currently the 2019 President Elect. Previously she has served in a variety of AWHONN positions including two terms on the Board of Directors. Rebecca joined Lisa Miller, CNM, JD, and Dr. David Miller as co-author for Mosby's Fetal Monitoring: A Multidisciplinary Approach (8th ed.), and has been a contributor to AWHONN's Fetal Monitoring Principles and Practices (5th ed). She has authored numerous book chapters and manuscripts published in leading nursing and medical references. Currently, she is on a reviewer for Nursing for Women's Health, on the editorial board for the Journal of Perinatal and Neonatal Nursing, and a Contributing Editor for the Legal Issues and Risk Management column. Committed to improving quality and safety in perinatal care, balanced with thoughtful insight in a simple but comprehensive teaching style, Rebecca will share a wealth of knowledge and evidence, based on her extensive clinical experience and education.

EXCLUSIVE OFFERINGS...



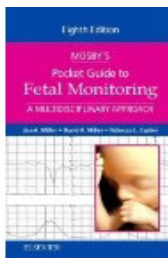
the EFM Workbook

Full sized FHR tracings for review
View at class
Available at www.prmes.com

HomeStudy Unit: 8th Ed.

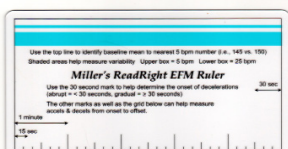
Mosby's Pocket Guide Series: Fetal Monitoring: A Multidisciplinary Approach

Purchased with 8 Hour CE Self-Study Unit
\$5.00 Discount available at Conference or if ordered w/Registration for class.



Miller's ReadRight EFM Ruler!

This innovative tool makes EFM strip evaluation EASY!
ReadRight Ruler included complimentary of PEC
Additional rules available at class/\$8.00



WHO SHOULD ATTEND?

- Antepartum and Labor & Delivery Nurses
- Cross-Training Nurses
- Advanced Practice Nurses
- Physicians
- Professionals Planning to Take the NCC or Perinatal Quality Foundation Exams

This seminar includes essential content to validate your core EFM knowledge with vital updates in research. NICHD, AWHONN, ACOG and ACNM fetal monitoring standards and guidelines are presented. An on site paper-pencil NCC EFM examination is available to those who have applied for, and been accepted as an eligible candidate, of the EFM subspecialty exam.

Pre-class review of EFM concepts is strongly recommended.

Taking the review course does not guarantee passing the exam.

PROGRAM OBJECTIVES:

Following comprehensive lecture, discussion, A-V presentation, and case review, you will be able to:

1. Describe fetal-uteroplacental physiology.
2. Identify factors influencing fetal oxygenation.
3. Demonstrate knowledge of fetal monitoring equipment and troubleshooting measures.
4. Recall elements of EFM pattern interpretation including: baseline, variability, accelerations, decelerations; and uterine contraction characteristics.
5. State clinical interventions for EFM patterns and the related maternal-fetal physiology.
6. Recognize FHR dysrhythmias and variant patterns.
7. Discuss common complications in pregnancy that impact maternal-fetal well-being.
8. Review fundamental principles of fetal acid-base status.
9. Explain auscultation concepts for antepartum and intrapartum utilization.
10. Summarize adjunct fetal surveillance methods including antepartum testing.
11. Critique professional and patient safety issues in EFM.

WHAT PEOPLE SAY...

"I wish I could download Becky's knowledge"

"Becky is UNBELIEVABLE!"

"Fantastic teaching style, incredibly engaging and approachable!"

EFM REVIEW

Essential Concepts for EFM Certification and Credentialing

Day One

7:30 Check In - Continental Breakfast

8:00 INTERACTIVE SESSION USING YOUR SMART

PHONE • NICHD EFM definitions

PHYSIOLOGY

• Fetal-Utero-Placental Circulation • Intrinsic/Extrinsic Influences • Oxygenation Pathway • Physiologic Goals

FETAL ACID-BASE STATUS

• Terminology • Aerobic versus anaerobic • Interpreting cord blood gas values

COMPLEX FACTORS AFFECTING OXYGENATION

• Maternal Consideration • Placenta, Umbilical Cord, Amniotic Fluid Variations • Uterine Activity • Meds

PATTERN INTERPRETATION AND MANAGEMENT

• Baseline • Variability • Accelerations • Decelerations

• Uterine Activity • Tachysystole • Intrauterine Resuscitation • Categories • Application of the Category II Consensus Algorithm • Dysrhythmias • Standardized Approach

EFM AND MATERNAL COMPLICATIONS

• PTL • Hypertension • Postdates • Obesity • Diabetes

• Placenta Previa, Abruptio • Uterine Rupture

• Infection • Multiples

ANTEPARTUM FETAL SURVEILLANCE

• Kick counts • NST • CST/OCT • BPP • Modified BPP

• Dopplers

HOMEWORK OPPORTUNITY

Adjourn: 4:00

Day Two

7:30 Check In - Continental Breakfast

8:00 EFM EQUIPMENT

• External versus internal • Fetoscope versus Doppler

• Troubleshooting • Artifact • Signal Ambiguity

PROFESSIONAL ISSUES

• Legal • Ethical Principles Documentat ion

• Patient Safety • Chain of communication

APPLYING YOUR KNOWLEDGE

• Testing Strategies • Practice Exam • Answer Review

11:30 LUNCH PROVIDED (Both days at 11:30)

12:30 CHECK IN FOR EXAM

1:00. NCC Electronic Fetal Monitoring Examination

3:00. Testing Concludes

* NCC on site examination is limited to participants who:

• Attended both days of the PEC EFM course

AND

• Applied to NCC (at least 21 days prior), have been accepted, and have an NCC EFM exam admission letter for the PEC site

***NCC Candidates see Below
for Registration Directions**

REGISTRATION: EFM Review: Essential Concepts for Certification

NAME _____

RN APN CNM MD/DO PA License# _____

Home Address _____

City _____ State _____ Zip _____

Day Phone (____) _____

Email _____

Hospital/Clinic I work with: _____

Group Registration

Practice Area: LD PP NSY AP Education

Check Payable to: Professional Education Center (PEC)

Card #s _____ Exp. _____

Security Code: _____

I Prefer a Vegetarian lunch - available with preregistration only

I WILL ATTEND: 2019

Sacramento, CA 1/21 1/22/19 Falls Church, VA 10/3 10/4/19

Nyack, NY 10/21 10/22/19

	Both Days	One Day
Individual	<input type="checkbox"/> \$469**	<input type="checkbox"/> \$279**
Group 4**	<input type="checkbox"/> \$459 each	<input type="checkbox"/> \$269 each
Group 8+**	<input type="checkbox"/> \$449 each	<input type="checkbox"/> \$259 each

**Groups MUST PRE-REGISTER/PRE-PAY TOGETHER

I am taking the on site exam \$25 NR fee due PEC

Regular pricing for Early Birds. Add \$30 if within 10 days
Within 2 days and at the door Registration: Add \$50
(Late and at the door registration on 'Space Available' basis)

COURSE REGISTRATION:

Register On-line @ www.proedcenter.com

Call Today With Any Major Credit Card

800-732-2387 9am-3:30pm M-F (PST)

24 Hour Registration: FAX 530-343-3575

Mail Your Course Registration To:

Professional Education Center

P.O. Box 7447; Chico, CA 95927-7447

NCC exam registration see below

*The NCC EFM Specialty exam is separate from and has no affiliation with this course. It is PEC's goal to support higher standards of continuing education and to assist nurse's seeking certification, thus PEC has established the option for PEC EFM course attendees to sit the NCC exam. NCC sends an email following receipt/approval of exam application. **Must print off letter and bring to test site.** Contact NCC if you have applied and have not received your admission to exam letter. Testing site inclusion does not constitute NCC endorsement of course, course content, or materials provided. NCC and PEC are not affiliated organizations. A collaborative effort has provided an educational (PEC) and testing (NCC) opportunity to clinicians nationwide. PEC has no authority to approve, disapprove or vary any requirement for qualifying for or taking any NCC exam.

Registration for the onsite NCC exam following attendance at the course is separate, and \$160; we suggest registering using the link to NCC on our website: proedcenter.com. Please note there is a \$25 nonrefundable test administration fee due PEC for the onsite exam. This is not the NCC exam registration fee, it is additional.



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PLEASE POST - THANK YOU!

EFM REVIEW
Essential Concepts for
EFM Certification and
Credentialing
Preparation for NCC RNC EFM
or Perinatal Quality Foundation
FM Credentialing Exams

***NCC EFM Subspecialty Exam Details:**
Separate NCC registration required
(see inside and our website)
Questions? Call us: 800-732-2387

CONTINUING EDUCATION CREDITS: Nursing: 12 Hours BRN Credits.
ACNM approved for 1.05 CEU (includes 0.2 CEU Pharm.) Physician: Category II CME can be self submitted.
This course is designed to meet Board of Nursing CE requirements in all 50 states. Professional Education Center (PEC) is a provider approved by the California Board of Registered Nursing, Provider #9890, Florida FBN #2219 approved for a total of 11.5 (7.5 Day 1 and 4.5 Day 2) Contact Hours. Meets Texas Type I provider criteria. **Neither program planners nor presenters have any commercial conflict of interest.**

2019 SEMINAR AND LODGING LOCATIONS

A limited number of rooms at a preferred rate, have been arranged with the following hotel per site.
Call, (use code if stated) or use the direct website link (on our website) to make a reservation.
Be sure to reserve at least 30 days ahead to get a room and get the special discounted rate.

SACRAMENTO, CA - JANUARY 21-22
HOST: UC Davis Medical Center
SEMINAR SITE: Betty Irene Moore Hall -
School of Nursing Room 1000: 2570 48th Street
Sacramento, CA 95817
LODGING: Courtyard Marriott Midtown
4422 Y St. Sacramento, CA 95817
Phone: 916-455-6800 PEC- EFM rate \$110

FALLS CHURCH, VA - OCTOBER 3-4
HOST: Inova Health System
SEMINAR SITE: Physicians Conference Center
3300 Gallows Road, Falls Church, VA 22042
LODGING: Hilton Garden Inn Falls Church
706 W Broad St, Falls Church, VA 22046
Phone: (703) 237-8700 PEC - EFM \$179

NYACK, NY - OCTOBER 21-22
HOST: Montefiore - Nyack Hospital
SEMINAR and LODGING SITE:
The Times Hotel Nyack
1400 High Ave, Nyack, NY 10960
Phone: (845) 675-8700 PEC EFM \$129

GUARANTEE - CANCELLATION - TAXES

GUARANTEE: If you are not satisfied with the content and presentation of this program, notify the registrar by 12 noon 1st day of attendance for refund of registration fees. **CANCELLATIONS:** Up to **7 days** before the program choose: Registration fee refund minus \$25 per day administrative fee or full value credit letter. **Cancellation within 7 days:** No monetary refund. Send a substitute or request a credit letter (minus \$25/day administrative fee) which will allow you to apply fees to a future program of your choice. If program cannot be held due to circumstances beyond our control (natural disaster, strike, etc.) the seminar will be rescheduled if possible. Registrants may choose free admission to the rescheduled program, or credit voucher good for any future PEC program: There is no cash refund. PEC reserves the right to substitute qualified speaker(s) in response to emergency circumstances beyond our control. *See NCC Registration for NCC cancellation policy.
CE tuition, travel/meal expenses are tax deductible. Consult your tax advisor for details.