EFM REVIEW
Essential Concepts for EFM Certification and Credentialing
Preparation for NCC RNC EFM or Perinatal Quality Foundation FM Credentialing Exams

*NCC EFM Subspecialty Exam Details:
Separate NCC registration required (see inside and our website)
Questions? Call us: 800-732-2387

CONTINUING EDUCATION CREDITS: Nursing: 12 Hours BRN Credits.
ACNM approved for 1.05 CEU (includes 0.2 CEU Pharm.). Physician: Category II CME can be self submitted.
This course is designed to meet Board of Nursing CE requirements in all 50 states. Professional Education Center (PEC) is a provider approved by the California Board of Registered Nursing, Provider #9890, Florida FBN #2219 approved for a total of 11.5 (7.5 Day 1 and 4.5 Day 2) Contact Hours. Meets Texas Type I provider criteria. Neither program planners nor presenters have any commercial conflict of interest.

2019 SEMINAR AND LODGING LOCATIONS
A limited number of rooms at a preferred rate, have been arranged with the following hotel per site. Call, (use code if stated) or use the direct website link (on our website) to make a reservation. Be sure to reserve at least 30 days ahead to get a room and get the special discounted rate.

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HOST: Inova Health System
SEMINAR SITE: Physicians Conference Center 3300 Gallows Road, Falls Church, VA 22042
LODGING: Hilton Garden Inn Falls Church 706 W Broad St, Falls Church, VA 22046
Phone: (703) 237-8700 PEC - EFM $179

NYACK, NY - OCTOBER 21-22
HOST: Montefiore - Nyack Hospital
SEMINAR and LODGING SITE:
The Times Hotel Nyack 1400 High Ave, Nyack, NY 10960
Phone: (845) 675-8700 PEC EFM $129

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WHO SHOULD ATTEND?

• Antepartum and Labor & Delivery Nurses
• Cross-Training Nurses
• Advanced Practice Nurses
• Physicians

Professionals Planning to Take the NCC or Perinatal Quality Foundation Exams

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PROGRAM OBJECTIVES:

Following comprehensive lecture, discussion, A-V presentation, and case review, you will be able to:

1. Describe fetal-uteroplacental physiology.
2. Identify factors influencing fetal oxygenation.
3. Demonstrate knowledge of fetal monitoring equipment and troubleshooting measures.
4. Recall elements of EFM pattern interpretation including: baseline, variability, accelerations, decelerations; and uterine contraction characteristics.
5. State clinical interventions for EFM patterns and the related maternal-fetal physiology.
6. Recognize FHR dysrhythmias and variant patterns.
7. Discuss common complications in pregnancy that impact maternal-fetal well-being.
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9. Explain auscultation concepts for antepartum and intrapartum utilization.
10. Summarize adjunct fetal surveillance methods including antepartum testing.
11. Critique professional and patient safety issues in EFM.

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Home Address: ___________________________ Phone: ___________________________
City State Zip: ___________________________ Phone: ___________________________
Day Phone: ___________________________
Email: ___________________________

Hospital/Clinic I work with:
□ Group Registration
Practice Area: □ LD □ PP □ NSV □ AP □ Education
□ Check Payable to: Professional Education Center (PEC)
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NCC Examination Review See Below

Day One Day Two
7:30 Check In - Continental Breakfast 7:30 Check In - Continental Breakfast
8:00 EFM EQUIPMENT 8:00 EFM EQUIPMENT
• Electronic Fetal Monitor • External versus internal • Fetuscope versus Doppler
• Fetal Monitoring Models • Troubleshooting • Artifact • Signal Ambiguity
• Finger Pulse Oximeters • Professional Issues
• Transducers • Legal • Ethical Principles Documentation
• FDA and Include • Patient Safety • Chain of communication
• Temperature • Applying Your Knowledge
• Fetal Monitoring Equipment • Testing Scoring Style & Strip Review

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Please be aware, that due to scheduling conflicts, as Rebecca Cypher assumes the role of President of AWHONN, Cindy Parke will be teaching and assisting participants to mastery of the NCC EFM exam this fall.

Cindy Parke, RNC, C-EMF, CNM, MSN
Certified Nurse Midwife, Legal Expert, National Educator, and PEC Program Director; Cindy has taught essentials of women’s health, pregnancy, childbirth, and fetal topics to nurses nationwide. For over 20 years, Cindy has been teaching NCC Review seminars. Cindy’s focus has always been teaching with a physiological based approach. Her goal is to improve maternal and fetal outcomes, by promoting the abilities of the OB team. She will also focus on test taking strategies, skills, and overcoming anxiety. An active member of the ACNM, AWHONN, ACOG, and ACNM fetal monitoring standards and guidelines are presented. An on site paper-pencil NCC EFM examination is available to those who have applied for, and been accepted as an eligible candidate, of the EFM specialty exam.

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Foremost EFM Seminar for Exam Preparation & Updates

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L&D and LDRP Nurses
Advanced Practice Nurses
Midwives - Physicians - PA’s

Update and Validate your Clinical Knowledge
REGISTER TODAY for this 2 DAY SEMINAR

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