**Electronic Fetal Monitoring Advanced Review**

Exam Prep & Clinical Updates

Presented by Cindy Parke, RNC, C-EFM, CNM, MSN

NEW One Day Format: 8hr CE

Update and Validate your Clinical Knowledge REGISTER TODAY for this 1 DAY SEMINAR

Opportunity for Extra Savings! The perfect combination seminar: Limited OB Third Trimester Ultrasound. Take both and save $30 on registration. See the PEC website for all details.

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**EFM Update/Review/Prep**

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**GUARANTEE - CANCELLATION - TAXES**

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**PROFESSIONAL EDUCATION CENTER**

P.O. Box 7447 Chico, California 95927-7447
800-732-2387

www.proedcenter.com

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Chico, California 95927-7447

**ELECTRONIC FETAL MONITORING REVIEW**

Preparation for NCC RNC EFM or Perinatal Quality Foundation FM Credentialing Exams

*On-site NCC EFM Subspecialty Exam Details:
Separate NCC registration required (see inside and our website)
Questions? Call us: 800-732-2387

CONTINUING EDUCATION CREDITS: Nursing: 8 Hours BRN Credits. Physician: Category II CME can be self submitted.

This course is designed to meet Board of Nursing CE requirements in all 50 states. Professional Education Center (PEC) is a provider approved by the California Board of Registered Nursing, Provider #9890, Florida FBN #2219 approved for a total of 11.5 (7.5 Day 1 and 4.5 Day 2) Contact Hours. Meets Texas Type I provider criteria.

Neither program planners nor presenters have any commercial conflict of interest.

2020 SEMINAR AND LODGING LOCATIONS

<table>
<thead>
<tr>
<th>Location</th>
<th>Date</th>
<th>Organizer</th>
<th>Registration Site</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jackson, MI</td>
<td>Still Negotiating</td>
<td></td>
<td></td>
<td>G. B.</td>
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<tr>
<td>New York City, NY</td>
<td>Still Negotiating</td>
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<td>G. B.</td>
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<tr>
<td>Kansas City, KS</td>
<td>August 17 &amp; 18</td>
<td></td>
<td></td>
<td>G. B.</td>
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<tr>
<td>Providence, RI</td>
<td>September 22-23</td>
<td>Hyatt Place Warwick</td>
<td>Providence AP</td>
<td>G. B.</td>
</tr>
<tr>
<td>Seattle, WA</td>
<td>October 14-15</td>
<td>DoubleTree Seattle AP</td>
<td>Southcenter</td>
<td>G. B.</td>
</tr>
<tr>
<td>St. Louis, MO</td>
<td>May 4 &amp; 6</td>
<td>SSM Health St. Mary’s Hospital</td>
<td>St. Louis Kohler Auditorium</td>
<td>G. B.</td>
</tr>
<tr>
<td>Sacramento, CA</td>
<td>April 28-29</td>
<td>UC Davis Medical Center</td>
<td>TBA</td>
<td>G. B.</td>
</tr>
<tr>
<td>RENO, NV</td>
<td>April 7</td>
<td>Whitney Peak Hotel</td>
<td>255 N Virginia St, Reno, NV 89501</td>
<td>G. B.</td>
</tr>
<tr>
<td>Anaheim, CA</td>
<td>January 21</td>
<td>Embassy Suites Anaheim South</td>
<td>11767 Harbour Blvd, Garden Grove, CA 92840</td>
<td>G. B.</td>
</tr>
<tr>
<td>Jacksonville, FL</td>
<td>February 25</td>
<td>Bryan Auditorium Southside Hospital</td>
<td>4201 Belf Rd. Jacksonville, FL 322016</td>
<td>G. B.</td>
</tr>
<tr>
<td>Jackson, MI</td>
<td>Still Negotiating</td>
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If a hotel site is listed, a limited number of rooms at a preferred rate, have been arranged. Call, (use code if stated) or use the direct website link (on our website) to make a reservation. Be sure to reserve at least 30 days ahead to get a room and get the special discounted rate. If no hotel is listed, book on your own.

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7:30 Check In - Continental Breakfast
8:00 INTERACTIVE SESSION USING YOUR SMART PHONE - NICHD EFM definitions
PHYSIOLOGY
• Fetal-Utero-Placental Circulation • Intrinsic/Extrinsic Influences • Oxygenation Pathway • Physiologic Goals

FHR & ACARD-BASE STATUS
• Terminology • Acidosis versus anaerobic • Interpreting cord blood gas values
COMPLEX FACTORS AFFECTING OXYGENATION
• Maternal Consideration • Placenta, Umbilical Cord, Amniotic Fluid Variations • Urine Activity • Medication USE, PATTERN INTERPRETATION AND MANAGEMENT
• Baseline • Variability • Accelerations • Decelerations
• Uterine Activity • Tachysystole • Intrauterine Resuscitation • Categories • Application of the Category II Consensus Algorithm • Dysrhythmias • Standardized Approach to Fetal Heart Rate

EFM AND MATERNAL COMPLICATIONS
• PTL • Hypertension • Postdates • Obesity • Diabetes
• Placenta Previa, Abruption • Uterine Rupture • Infection
• ANTERPARTUM FETAL SURVIVAL
• Kick counts • NST • CST/OCT • BPP • Modified BPP

Dopplers

Homework Opportunity: Adjourn: 4:00

You spoke, we listened. You wanted a one day EFM seminar, and you wanted a more limited one day Ultrasound program for those just doing third trimester fetal assessment. Our solution: Put the two day programs together and give you the choice to combine!

PEC gives you choices:
Take the one day EFM Monitoring, with the optional NCC subspecialty exam on site
Take the one day Limited OB Third Trimester Ultrasound

Take both seminars over two days: A perfect match and SAVVY!!

Schedule varies by site, review dates and offerings carefully; not all options at all locations.

• NCC on site examination is limited to participants who:
  • Attend the seminar
  • Have applied correctly to NCC (at least 21 days prior to the exam date)

Have been accepted, and have an NCC EFM exam admission letter for the PEC site.

Pay attention to dates for testing on-site.

• NCC Candidates for on-site testing, be sure to observe the dates and register correctly: see Below for Registration Directions

REGISTRATION:

External Fetal Monitoring Advanced Review

NAME

RN APN CMN MD/DO PA License#__________________________

Home Address

City State Zip

Day Phone _______ _______ _______ _______

Email

Hospital/Clinic I work with:

Group Registration QJ

Practice Area: • LD • PP • NSY • AP • Education

Check Payable to: Professional Education Center (PEC)

Check # ___________________________ Exp. _______ _______ _______

Security Code: ___________________________ _______ _______ _______

I will attend: 2020

Anahiem, CA • EFM 1/22 • exam 1/23 • LUS 1/22
Jacksonville, Fl • 2/25 • exam 2/27 • LUS 2/26
Reno, NV • EFM 4/7 • exam 4/9 • LUS 4/8
Sacramento, CA • 4/28 OR 4/29 • exam 4/30 • LUS 4/27
Seattle, WA • 10/13 • exam 10/15 • LUS 10/14

Electronic Fetal Monitoring Advanced Review

I am taking the on site exam $30 NR test administration fee

This fee is separate from the NCC registration fee

Regular pricing within 15 days: Add $30 to the above rates Within 3 days and at the door Registration: Add $50

Give PEC an email to get your admission letter for the PEC site.

*The NCC EFM Specialty exam is separate from and has no affiliation with this course.
It is PEC’s goal to support higher standards of continuing education and to assist nurse’s seeking certification, thus PEC has established the option for PEC EFM course attendance for or taking any NCC exam

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WHO SHOULD ATTEND?

- Antepartum and Labor & Delivery Nurses
- Cross-Training Nurses
- Advanced Practice Nurses
- Physicians
- Professionals Planning to Take the NCC or Perinatal Quality Foundation Exams

This seminar includes essential content to validate your core EFM knowledge with vital updates in research. NICHD, AWHONN, ACOG and ACNM fetal monitoring standards and guidelines are presented. An on-site paper-pencil NCC EFM examination is available to those who have applied for, and been accepted as an eligible candidate, of the EFM subspecialty exam.

Pre-class review of EFM concepts is strongly recommended. Taking the review course does not guarantee passing the exam.

PROGRAM OBJECTIVES:

Following comprehensive lecture, discussion, A-V presentation, audience response testing, and case review, you will be able to:

1. Describe fetal-uteroplacental physiology.
2. Identify factors influencing fetal oxygenation.
3. Demonstrate knowledge of fetal monitoring equipment and troubleshooting measures.
4. Recall elements of FHR interpretation including: baseline, variability, accelerations, decelerations; and uterine contraction characteristics and influence on fetal oxygenation.
5. State clinical interventions for EFM patterns and the related maternal-fetal physiology.
6. Recognize FHR dysrhythmias and variant patterns.
7. Discuss common complications in pregnancy that impact maternal-fetal well-being.
8. Review fundamental principles of fetal acid-base status.
9. Explain auscultation concepts for antepartum and intrapartum utilization.
10. Summarize adjunct fetal surveillance methods including antepartum testing.
11. Critique professional and patient safety issues in EFM.

WHAT PEOPLE SAY...

"Overall very happy and confident: I’ll definitely be changing some things in practice for the better!"

“Great class! Very well organized”

“Amazing class, very knowledgeable instructor”

“I think I learned more about the physiology of labor and the fetus, than I have in 7 years of L&D nursing”
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