Maternal-Newborn
RNC Exam Prep - Update - Review
NCC Maternal Newborn Nursing
Paper-Pencil Exam option on site!
The answer to OB cross training!
Comprehensive Systems Review
AP - IP - PP - NSY (Level I & Level II)
Physiology Based Teaching Styles
Test Taking Skills Review

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DATES FOR THREE DAY SEMINAR: 2 DAYS MATERNAL/1 DAY NEWBORN. OPTIONAL NCC TEST DATE (*)

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HOST: Providence St. Vincent Medical Center
SEMINAR SITE:  Souther Auditorium-Classroom
9205 NE Barnes Road, Portland, OR 97225
LODGING: No room block established

ATLANTA, GA - MARCH 25-27 (*28)
HOST: Northside Hospital
SEMINAR SITE: Interchange Building
5780 Peachtree Dunwoody Rd, Suite 430 A & B
Atlanta, GA 30342-1611
LODGING: No room block established

KANSAS CITY, KS - May 11-13 (*14)
HOST: Overland Park Regional Medical Center
SEMINAR SITE: 10500 Quivira Road, Overland Park, KS 66215
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SALINAS, CA - June 3-5 (*22)
HOST: Salinas Valley Memorial Healthcare System
SEMINAR SITE: 5 Lower Ragsdale, Monterey, CA 93940
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#1 For Cross Training in OB
Co-Presented by:
Cindy Parke, RNC, CNM, MSN
Tracy Karp, RNC, MS, NNP

2020

PORTLAND, OR - MARCH 10-12 (*13)
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SEMINAR SITE: East Conference Room, Huntington Hospital
100 W. California Blvd., Pasadena, CA 90015
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HOST: University of Minnesota Masonic Children’s Hospital
SEMINAR SITE: Wilf Auditorium, UMMCH, 2450 Riverside Ave., Minneapolis, MN 55454
LODGING: No room block established.

NEW YORK CITY, NY - OCTOBER 19-21 (*22)
HOST: Still negotiating details.
SEMINAR SITE:
LODGING:

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We recommend some review prior to the seminar.

Want your RNC?*NCC CORE EXAM On-site option following course for Maternal-Newborn Nursing Exam

Maternal-Newborn Review

RNC Exam Preparation: Maternal-Newborn Level I & II NSY

P.O. Box 7447 Chico, CA 95927-7447
800-732-2387
www.proedcenter.com

Professional Education Center
is dedicated to bringing you the most respected speakers, and providing education that is clinically essential. Education that makes a difference!
The opportunity to share experiences and network with your peers is just one more reason to choose Professional Education Center for your CE programs!
MEET YOUR SPEAKERS...

Cindy Parke, RNC, CNM, MSN
Certified Nurse Midwife, Educator, and Clinician; Cindy has taught essentials of women’s health, pregnancy, and childbirth topics to nurses nationwide. An active member of the ACNM, ANA, and ICM, Cindy teaches from a physiology base, helping you put the pieces together for your clinical practice and testing. Logical and thorough. Recognizing the risks, choosing appropriate interventions, responding to the clinical findings - this program presents a focused overview of maternal care.

Tracy Karp, RNC, MS, NNP
Author, Educator, Researcher, and Clinician: Tracy Karp has 34 years of experience in neonatal nursing. He is currently the Chief of Advanced Practice Clinicians at Intermountain Healthcare’s Primary Children’s Medical Center. Tracy continues to practice as a neonatal Nurse Practitioner in various clinical settings including Level I & II NICUs. He is also on clinical faculty at the University of Utah College of Nursing in Salt Lake City. He has presented at various conventions; served on multiple state, regional, and national neonatal committees, and has authored or co-authored numerous textbook chapters and articles. Tracy has a relaxed teaching style utilizing audience knowledge in a technique that has proven to be engaging and a great tool for retention.

WHAT PEOPLE SAY...

“The INFORMATION was GREAT and such a good review for the test! Cindy and Tracy were both wonderful presenters and so very helpful to work with!”

“EXCELLENT course -speaker and content! Cindy is terrific, compassionate and facilitates communication!”

“What a GREAT instructor! Tracy is phenomenal with his background, knowledge and clinical expertise!”

“Instructors were both very ENGAGING. Thank you for your time”

“What an INCREDIBLE three days! Great review, update and best of all - I PASSED! Thank you Cindy & Tracy”

PROGRAM AMENITIES

All PEC programs provide a basic continental breakfast, lunch, and afternoon soda. A comprehensive training manual is provided for each participant. Breakfast is also provided the morning of the exam. Classroom style seating (table/chair) is the preferred PEC room set-up.

CONTINUING EDUCATION CREDITS

This program has been designed to meet the Board of Nursing CE requirements for license renewal in all 50 states. Professional Education Center (PEC) is a provider approved by the California Board of Registered Nursing Provider #9890. Nurses BRN: 24 Hours CE credit (8/day). Pharmacology credits: 4 hours. Florida FBN #2219 for 21.75 Hours: 7.25/day. CE Certificate is issued at program completion.

WHO SHOULD ATTEND:

- AP - IP - PP and Level I or II Neonatal Nurses
- Mother-Baby and LDRP Nurses
- Maternal and Newborn Clinical Specialists
- Nurses needing a Review, Orientation, or Cross-Training in Maternal Newborn Care
- Nurses planning to take the Maternal Newborn or Low Risk Newborn RNC exam
- Nurses needing RNC recertification credits

Fast paced, comprehensive and intensive review of physiology, pathophysiology, signs/symptoms, diagnosis, treatment and prognosis of maternal and the low-risk newborn. This program will refresh your knowledge base, improve your assessment skills for clinical practice and assist you as a caregiver. It is also an excellent prep for the RNC exams with content to compliment exam outline and a review of test taking skills.

PROGRAM OBJECTIVES:

Through Lecture and Discussion This Program Will:

- Describe maternal, fetal, and neonatal physiology, norms and expected outcomes from the antepartum to the postpartum period, determining potential risk factors affecting outcomes.
- Review maternal history and physical, identifying potential risk factors affecting maternal, fetal and neonatal outcomes.
- Identify normal and abnormal findings through physiology review, physical assessment, laboratory values and comprehensive screening tools.
- Describe components for neonatal transition, assessment and systems review.
- Describe common problems and complications in the antepartum, intrapartum, postpartum, and transitional time periods, for both the mother and infant.
- Identify the at risk mother, fetus and newborn born upon multiple facets of information available to the care provider.
- Discuss elements of lactation, nutrition, and breastfeeding.
- Describe components of education and support for maternal, newborn, and family care.
- Discuss role adaptation, nursing care and family dynamics relative to maternal and newborn norms, deviations and needs.
- Identify Test Taking Skills and barriers to testing success.

Maternal Newborn Review
Comprehensive Assessment & Care...

DAY ONE - Maternal
7:30am  Check In with Basic Continental Breakfast
8:00am  MATERNAL MORTALITY UPDATE
POSTPARTUM: HEALTH & PHYSIOLOGY Lab Values - Physiologic Adaptations - Health Assessment - Medications - Care - Danger Signs
POSTPARTUM: COMMUNICATION Problems Bladder - Hemorrhoids - Pain - Engagement Constituption - Fatigue - Postpartum Anxiety/Depression - Family - Family Dynamics: Role Transition - Adaption Assessment - Self & Infant Care - Discharge Instructions

BREATFEEDING: Physiology - Education - Issues
PROFESSIONAL - ETHICAL ISSUES
3:45 pm  Adjourn. Homework (optional assignment)

DAY TWO - Maternal
7:30am  Check In with Basic Continental Breakfast
8:00am  HOMEWORK REVIEW
4:00 pm  TEST REVIEW
4:30 pm  Adjourn

DAY THREE - Newborn
7:30am  Check In with Basic Continental Breakfast
8:00am  NEWBORN: Assessment & Management Clinical Findings & Laboratory - Diagnostic Data Gestational Age - Developmental SYSTEMS REVIEW: Normal & Abnormal Findings
Pharmacology - Assessment - Complications & Variations Care Plan
Musculoskeletal - Head: EENT - Hematopoietic Neurologic - Immune - Endocrine - GU
GENERAL/ENDOCRINE
Common Abnormalities & Defects RECOGNIZING EARLY PROBLEMS:
Hypoglycemia - Hyperbilirubinemia - Hypocalcemia - Hypoglycemia - Hyperbilirubinemia - Hypocalcemia
Fever - Head: EENT - Hematopoietic
Resuscitation & Stabilization NEONATAL NUTRITION: Feeding & Lactation PHYSIOPATHOLOGY - Pain Assessment & Management Family Integration: Discharge Planning/Home Care Adjourn

Registration 2020 Maternal Newborn Review

Registration for the on-site NCC exam following attendance at this course is separate, we suggest registering using the tab on our website. Please note there is a $25 NR test administration fee due PEC for the onsite exam. Must register with NCC at least 21 days prior to exam date.

Recommended Home Study Text Units (Optional)
Prices listed on the website, may include with a conference discount

Physical Assessment of the Newborn 1/2 Hour CE Hours
Quick Reference ... Lecture 10/CE Hours

Limited quantities of these texts will be available at conference.

EASY COURSE REGISTRATION:

TEXT: Email: register@pecproceedscenter.com
Call: 800-732-2387 9am-3:30pm M-F (PST)
Mail Your Registration To: P.O. Box 7447
Chico, CA 95927-7447

*The NCC exams are separate ($275) from and have no affiliation with this course. Select the NC's 21 hour short standards of continuing education and to test nurse's selected certification. PEC has established the option for PEC MNB course attendees to sit the NCC. Normal saline use of $25 per day administrative fee or full value credit letter. Testing site exclusion does not constitute NCC endorsement of course, course content, or materials provided. NCC and PEC are not affiliated organizations. NPEC's collaborative effort has provided an educational (PEC) and testing (NCC) opportunity to clinicians nationwide. PEC has no authority to approve, disapprove or vary any requirement for qualifying for or taking any NCC exam. Registration for the on-site NCC exam following attendance at this course is separate, we suggest registering using the tab on our website.

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PROGRAM OBJECTIVES:

Through Lecture and Discussion This Program Will:
- Describe maternal, fetal, and neonatal physiology, norms and expected outcomes from the antepartum to the postpartum period, determining potential risk factors affecting outcomes.
- Review maternal history and physical examination, labor history, and common potential risk factors affecting maternal, fetal and neonatal outcomes.
- Identify normal and abnormal findings through physiology review, physical examination, laboratory values and common screening tools.
- Describe components for neonatal transition, assessment and systems review.
- Describe common problems and complications in the antepartum, intrapartum, postpartum, and transitional time periods, for both the mother and infant.
- Identify the at risk mother, fetus and newborn born upon multiple facets of information available to the care provider.
- Discuss elements of lactation, nutrition, and breastfeeding.
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- Discuss role adaptation, nursing care and family dynamics relative to maternal and newborn norms, deviations and needs.
- Describe Test Taking Skills and barriers to testing success.

Maternal Newborn Review Comprehensive Assessment & Care...

DAY ONE - Maternal
7:30am Check In with Basic Continental Breakfast
8:00am MATERAIL MORTALITY UPDATE
Risks & Fetal Outcomes - Sizer-Date Discrepancy
LGA - SGA - IUGR - Poly & Oligohydramnios - Multiples - G/PPH - Cesarean - Fetal Cord Gases
POSTPARTUM: HEALTH & PHYSIOLOGY
Lab Values - Physiologic Adaptations - Health Assessment - Medications - Care - Danger Signs
POSTPARTUM: COMMON PROBLEMS
Bladder - Hemorrhoids - Pain - Engagement
Constitution - Fatigue - Postpartum Anxiety/Depression - Family - Group Dynamics - Role Transition - Adaptation and Readiness - Family: Self & Infant Care - Discharge Instructions
Contraction
BREASTFEEDING: Physiology - Education - Issues - PROFESSIONAL - ETHICAL ISSUES
4:30 pm Adjourn. Homework (optional) assignment

DAY TWO - Maternal
7:30am Check In with Basic Continental Breakfast
8:00am HOMEWORK REVIEW
FETAL ASSESSMENT: Brief overview of 1st - 2nd Trimester Screening - Genetics - Amniocentesis - Ultra sound - NST - BPP
INTRAUTERAM: Maternal-Fetal Health vs Risk Core Concepts - Newborn Labor - Complications
COMPLICATIONS OF PEDEUM: Placenta physiology/pathology - Bleeding in Pregnancy PPH - Uterine Rupture - Hematoma - DIC - Gestational Hypertension - GI Disease, Cardiac, Respiratory, Renal, & Endocrine Disorders - Infection - Thrombopel thesis - Diabetes/GDM - Premature Labor
4:00 pm TEST REVIEW
4:30 Adjourn

DAY THREE - Newborn
7:30am Check In with Basic Continental Breakfast
8:00am NEWBORN: Assessment & Management
Clinical Findings & Laboratory - Diagnostic Data in Maternal Age - Developmental Systems REVIEW: Normal & Abnormal Findings
Physiology - Assessment - Complications & Variations
Care of at Risk Newborn - Common Abnormalities & Defects
Musculoskeletal - Head: EENT - Hematopoietic
Neurologic - Immune - Endocrine - GI
GENETIC/Genetics
Mental Health
Common Abnormalities & Defects
RECOGNIZING EARLY PROBLEMS: Hypoglycemia:10 Life Threatening - Fetal Alcohol Syndrome Abnormality
Hypothyroidism:10 Malignant Substance Abuse
GENERAL MANAGEMENT
Resuscitation & Stabilization
NEONATAL NUTRITION: Feeding & Lactation
PHARMACOLOGY - Pain Assessment & Management
Family Integration: Discharge Planning/Home Care Adjourn
4:30 pm Adjourn

**Programs are approved by many states for CE (contact the state board if not listed).**
OB

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